

Registration Form

A women of valor is there for others, this is a day to be there for yourself.

Name: _____

Address: _____

Home Phone: _____

Mobile Phone: _____

Email: _____

Occupation: _____

* There will be an opportunity for networking, please bring your business cards/brochures.

Lunch is provided by St. Louis Bread Company. Please circle the sandwich that you would like below:

- Smoked Turkey Breast
- Mediterranean Veggie
- Tuna Salad
- Roast Beef
- Napa Almond Chicken Salad

Please fill out the above form and return with a check for **\$18** made payable to United Hebrew Congregation by **Wednesday, February 22**. You may also pay by credit card on our website at www.unitedhebrew.org

Please Send Registration to:
United Hebrew Congregation
Women of Valor Conference
13788 Conway Road
St. Louis, MO 63141

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13788 Conway Road
St. Louis, Missouri 63141

Women of Valor Conference
Saturday, February 25

*A woman of valor more precious than rubies...
She is robed in strength and dignity and cheerfully
faces whatever may come...*

UNITED HEBREW CONGREGATION

Women of Valor Conference

Saturday, February 25, 2012



Eshet Chayil

*A woman of valor, who can find her?
She stretches her hand out to the poor, she
reaches forth her hand to the needy. Strength
and honor are her clothing, she shall rejoice
in the time to come. She shall be honored for
her kindness and good deeds. She speaks
words of wisdom, compassion is her virtue.
She has patience and devotion for her family.*



Schedule of Events

Saturday, February 25
Jablon Youth Lounge
United Hebrew Congregation
\$18.00 per person

You are a woman of valor, come be with other women of valor and share your thoughts, laughter and knowledge.

Check-in and Light Breakfast 8:30 –9:00 a.m.

Morning Programming Begins at 9:00 a.m.

Welcome and Mixers

The Spirituality of Self

Rabbi Brigitte Rosenberg

The Health of Relationships, Communication and Sexuality

Judy Zisk Lincoff & Dr. Jennifer Smith

The Psychology of Interior Design: "Accessories with a Soul", Incorporating Judaica into Your Decor

Linda K. Kusmer, Allied ASID

Break for Lunch

Afternoon Programming Begins at 1:00 p.m.

The Mishegas of Motherhood and Grandmotherhood

Ellie S. Grossman

Career Transitioning and the Changing of Your Image Throughout Your Lifetime: How to Become the Person You've Always Wanted to Be

Joan Denison

Women and Philanthropy and social justice project

Speaker TBA

Early Havdalah Program to conclude by 4:15 p.m.

Please contact Marisa Reby with any questions,
314-434-3404, x103 or mreby@unitedhebrew.org

Featured Speakers



Joan Denison

Joan has had a multi-faceted and wide ranging career. Starting out as a professional performer, Joan transitioned her skills and became a national trainer, presenting on a variety of topics including: image, presentation skills, communication skills, sales skills and conflict management. Joan followed a path that led her to non-profit work in the Jewish Community, first as Executive Director of the St. Louis Chapter of Hadassah and then working in Hadassah's New York Office as the National Director of Annual Giving & Grassroots Fundraising. Currently, Joan serves as the Executive Director of Covenant House/CHAI Apartments, an affordable senior living community on the Millstone Campus in Creve Coeur. A "lifelong learner," Joan has been dedicated to educating herself in each new venture and believes that everything you've learned you'll use as you take on your next challenge.



Ellie S. Grossman

Known by her readers as the "Jewish Erma Bombeck," Ellie S. Grossman is the author of "Mishegas of Motherhood. Raising Children To Leave The Nest...As Long As They Come Home For Dinner," which is a collection of parenting humor columns that have appeared in newspapers, magazines, and blogs across the country. As a freelance writer for more than 25 years and stay-at-home mom who never stays home, her stories offer a combination of wit and wisdom when it comes to modern issues facing today's families. Her writing is universally appealing to all generations with favorite chapters, such as, "Everything I Need To Know I Learned From My Dog," "Planning A Dream Bar Mitzvah Is A Nightmare," "Answering The Big Question: Is There A God," "Teen Brain Baffles Parents," "The Torah Is Like A Matzo Ball," and the award-winning "Jewish Girls Don't Camp," which landed her in Hollywood and inspired an Internet-based sitcom starring comic actress Leah Remini.



Linda K. Kusmer

Linda founded Total Interior Designs in 1976. She specializes in and lectures on the Psychology of Interior Design and other topics related to interior design. Linda is a published designer, featured in several local, regional and national publications. Her daughter, Stephanie Kusmer, Allied ASID joined the firm in 1998 making them a Mother/Daughter woman owned business. Linda is a long time active member of UH and is also active in Hadassah, Women's Connection Jewish Federation, American Society of Interior Designers and other organizations.



Judy Zisk Lincoff

Judy is a Licensed Clinical Social Worker (LCSW) in the State of Missouri with an M.B.A. from the University of Pittsburgh and an M.S.W. from Washington University in St. Louis. She teaches graduate-level courses at the George Warren Brown School of Social Work at Washington University in Family Therapy and Couples Counseling. This training as well as her years of practical experience makes her uniquely suited to offer counseling regarding relationship issues, divorce, parent-adolescent problems, depression, anxiety, women's issues, self-esteem, family violence, grief, and loss. Judy also co-founded the St. Louis Council Against Family Violence and was a board member for Kids in the Middle.



Rabbi Brigitte Rosenberg

Rabbi Brigitte Rosenberg has served United Hebrew since 2004 and became Senior Rabbi on July 1, 2011. She received her BA in Religion and Culture from Boston University and her M.A.H.L and rabbinical ordination from Hebrew Union College-Jewish Institute of Religion (Cincinnati, OH) in 2001. In addition to her work at United Hebrew, Rabbi Rosenberg serves on the board of the Central Agency for Jewish Education (CAJE), Nishmah – The St. Louis Jewish Women's Project and the St. Louis Hillel Foundation. She is currently the President of the St. Louis Rabbinical Association (SLRA) and a council member of the Jewish Community Relations Council (JCRC) and is a founding committee member of Israel Bound, the St. Louis Teen Israel Experience.



Dr. Jennifer Smith

Jennifer Smith was born in Chicago and reared in San Diego. She attended UCLA where she received her Bachelor of Science degree in biology. She moved to St. Louis in 1995 to attend Washington University Medical School, did her residency at BJC and then joined her current practice, Consultants in Women's Health Care at Missouri Baptist. She has been listed as a "Best Doctor in America" award winner by "St. Louis Magazine," since 2005. She and her husband, Matt, are the parents of three children and they are members of Congregation B'nai Amoona.

**The Women of Valor Conference is chaired by
Linda Kusmer, Sallie Wallis and Leslie Yoffie**