



HAMAKOR המקור

THE SOURCE

United Hebrew Congregation

Congregation Achdut Yisroel
Established in St. Louis in 1837
First Jewish Congregation West of the Mississippi River

November/December 2022/5783
Volume XCII No. 2

Chanukah at UH

Mascots and Menorahs

Monday, December 19 at 6:00 p.m.

Join us in the UH parking lot for a Chanukah candle lighting with the UH clergy and Fredbird® and Louie, mascots for the St. Louis Cardinals and the St. Louis Blues!

Chanukah Shabbat and Consecration

Friday December 23

5:45 p.m. - Latke Bar

6:30 p.m. - Chanukah Shabbat and Consecration

Join us for our annual musical Chanukah Shabbat celebration.

We will begin the service with the Chanukah candle lighting. This Shabbat we will also bless the newest students to our religious school program. The service will be followed by a sufganiyot oneg.



Shabbat Schedule

In-Person, Zoom, Livestream and Facebook

November 2022

Friday, November 4

11 Cheshvan 5783

Lech Lecha

6:30 p.m. - Shabbat Alive! with
UH Artist-in-Residence Rick Recht
Children & Adult Birthday Blessings
7:30 p.m. - Dessert Oneg

Saturday, November 5

9:00 a.m. - Torah Study
10:30 a.m. - Shabbat Morning Service

Friday, November 11

18 Cheshvan 5783

Vayera

6:30 p.m. - Shabbat Evening Service

Saturday, November 12

9:00 a.m. - Torah Study
10:30 a.m. - Shabbat Morning Service

Friday, November 18

25 Cheshvan 5783

Chaye Sarah

5:30 p.m. - Tot Shabbat
5:45 p.m. - Shabbat Nosh
6:30 p.m. - Shabbat Service
Anniversary Blessings

Saturday, November 19

9:00 a.m. - Torah Study
10:30 a.m. - Shabbat Morning Service
Bat Mitzvah of Madeline Suffian
Daughter of Traci & Joel Suffian

Friday, November 25

2 Kislev 5783

Toledot

6:30 p.m. - Shabbat Evening Service

Saturday, November 26

9:00 a.m. - Torah Study
10:30 a.m. - Shabbat Morning Service

December 2022

Friday, December 2

9 Kislev 5783

Vayetze

6:30 p.m. - Shabbat Evening Service
Children & Adult Birthday Blessings
7:30 p.m. - Dessert Oneg

Saturday, December 3

9:00 a.m. - Torah Study
10:30 a.m. - Family Shabbat Service

Friday, December 9

16 Kislev 5783

Vayishlach

6:30 p.m. - Shabbat Evening Service

Saturday, December 10

9:00 a.m. - Torah Study
10:30 a.m. - Shabbat Morning Service

Friday, December 16

23 Kislev 5783

Vayeshev

5:30 p.m. - Tot Shabbat
5:45 p.m. - Shabbat Nosh
6:30 p.m. - Shabbat Evening Service
Anniversary Blessings

Saturday, December 17

9:00 a.m. - Torah Study
10:30 a.m. - Shabbat Morning Service

Friday, December 23

30 Kislev

Miketz

5:45 p.m. - Latke Bar
6:30 p.m. - Chanukah Shabbat
& Consecration

Saturday, December 24

9:00 a.m. - Torah Study
10:30 a.m. - Shabbat Morning Service

Friday, December 30

7 Tevet 5783

Vayigash

6:00 p.m. - Shabbat Evening Service

Saturday, December 31

9:00 a.m. - Torah Study
10:30 a.m. - Family Shabbat Service

Mazel Tov to our B'nai Mitzvah



Madeline Suffian
November 19, 2022
10:30 a.m.

ANNUAL MEETING

ELECTION OF OFFICERS & BOARD OF TRUSTEES

& presentation of the
United Hebrew Irene Fox Ruach Award to
Robert Feldman

Sunday, December 18
3:00 p.m.

Formal Invitation coming soon

Limmud Shabbat

Saturday, November 5

10:30 a.m. Learner's Service

12:00 p.m. Lunch and Learn

Kolot Yisrael: Voices of UH

Ritual: kippot, tallitot, tefillin

A Conversation with our Clergy

Bring your lunch.

We'll provide drinks and dessert.



November & December Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCTOBER 30 9AM RS K-5 11:30AM RS 6-10	31 2:30PM Chair Exercise	NOVEMBER 1 10:30AM Women's Study 1PM Crochet/Knit Group	2	3 10:30AM Adult Hebrew 11:30AM AGA 1:30PM Book Club	4 6:30PM Shabbat Alive! 7:30 PM Dessert Oneg	5 9AM Torah Study 10:30AM Shabbat Learner's Service 12PM Kolot Yisrael: Ritual Garb
6 9AM RS K-5 11:30AM RS 6-10 2PM Code Name Ayalon at Kol Rinah	7 2:30PM Chair Exercise—in person	8 1PM Crochet/Knit Group	9 11AM-3 PM Blood Drive 7:30 PM Whiskey & Wisdom	10 10:30AM Adult Hebrew 11:30AM AGA	11 6:30PM Shabbat Service	12 9AM Torah Study 10:30AM Shabbat Service
13 9AM RS K-5 11:30AM RS 6-10	14 2:30PM Chair Exercise	15 11:30AM Ancient Israel—Where did we Come From? 1PM Crochet/Knit Group	16 7PM Board of Trustees Meeting	17 10:30AM Adult Hebrew 11:30AM AGA	18 5:30PM Tot Shabbat 5:45PM Shabbat Nosh 6:30PM Shabbat Service	19 9AM Torah Study 10:30AM Shabbat Service Bat Mitzvah of Madeline Suffian
20 9AM RS K-5 11:30AM RS 6-10	21 2:30PM Chair Exercise	22 1PM Crochet/Knit Group	23	24 Thanksgiving UH Offices & School Closed	25 UH Offices and School Closed 6:30PM Shabbat Service	26 9AM Torah Study 10:30AM Shabbat Service
27	28 2:30PM Chair Exercise	29 1PM Crochet/Knit Group	30 7:30PM DIY Holidays—Chanukah	DECEMBER 1 10:30AM Adult Hebrew 11:30AM AGA 1:30PM Book Club	2 6:30PM Shabbat Service 7:30 PM Dessert Oneg	3 9AM Torah Study 10:30AM Family Shabbat 11:00AM Singing Bowls Meditation
4 9AM RS K-5 11:30AM RS 6-10	5 2:30PM Chair Exercise—in person	6 10:30AM Women's Study 1PM Crochet/Knit Group	7	8 10:30AM Adult Hebrew 11:30AM AGA	9 6:30PM Shabbat Service 7:30 PM Dessert Oneg	10 9AM Torah Study 10:30AM Shabbat Service
11 9AM RS K-5 11:30AM RS 6-10	12 10:30AM Mitzvot Class 2:30PM Chair Exercise	13 1PM Crochet/Knit Group	14 7:30 PM Whiskey & Wisdom	15 10:30AM Adult Hebrew 11:30AM AGA	16 5:30PM Tot Shabbat 5:45PM Shabbat Nosh 6:30PM Shabbat Service	17 9AM Torah Study 10:30AM Shabbat Service
18 Chanukah 1st Candle 9AM RS K-5 11:30AM RS 6-10 3PM Annual Meeting	19 Chanukah 2nd Candle 6PM Mascots & Menorahs	20 Chanukah 3rd Candle 1PM Crochet/Knit Group	21 Chanukah 4th Candle 6PM Intergenerational Game Night	22 Chanukah 5th Candle 10:30AM Adult Hebrew 11:30AM AGA	23 Chanukah 6th Candle 5:45PM Chanukah Latke Bar 6:30PM Chanukah Shabbat	24 Chanukah 7th Candle 9AM Torah Study 10:30AM Shabbat Service
25 Chanukah 8th Candle	26 Offices & School Closed	27 1PM Crochet/Knit Group	28	29	30 6:30PM Shabbat Service	31 9AM Torah Study 10:30AM Shabbat Service

Family Shabbats

We are excited to begin a new Family Shabbat series. Together with our clergy and music teacher/soloist Greta Rosenstock, we'll celebrate Shabbat "camp style." Our hope is that students, especially, will help participate in our service. Each service will be followed by a special Shabbat activity for families. We hope that you'll join us for These special Shabbat mornings!

Saturdays at 10:30 a.m.
December 3, February 4 and April 1



3rd Friday of the Month
5:30 p.m.
Spielberg Chapel

This short service (30 minutes) is just right for our little ones ages zero to six. Come for the service and stay for the Shabbat nosh in the auditorium afterwards.

November 18
December 16

January 20
February 17
March 17

April 21
May 19



Clergy Message

Cantor Ronald Eichaker



This year of 5783, we will be rededicating ourselves to, not just strengthening our beloved UH community, but to turning our bodies, eyes, hearts, and minds toward our State of Israel. This year's cross-congregational theme is "Kolot Yisrael – Voices of Israel". As we look to Chanukah, we find ourselves in the mode of "Chanukat HaBayit" [re] dedicating our home, which asks us to take stock of our physical, mental, and spiritual connections with our past, present, and examining our foundations for the future.

In our secular calendar, November is time to extend our mode of gratitude that we sparked with Sukkot and express through our American Thanksgiving traditions. Jews, since the time of Abraham to today, have felt grateful for even the littlest essentials or pleasures – a helping hand when not expected, outreach from a long ago and almost forgotten friend, a gathering place where we feel seen, welcomed, and encouraged to partake, even just a passing smile from an unknown and passing presence. We take little for granted in our mortal life, knowing that we are a mere heartbeat away from eternity.

From the passive acknowledgement of things for which we are grateful, to the active efforts toward remembering, keeping, and passing on (voicing) the things learned, experienced, and expressed from generation to generation, November to December helps us to see the near future with a clearer sense of clarity toward making ourselves, our loved ones, and our community stronger tomorrow. From gratitude to redefining our personal and global mission to do "good" in the world, we see that the shortened daylight hours of this season, give us a chance to close our eyes and look deeper into ourselves, re-Jew-venating for the time when the Spring calls us to stretch our senses outward along with our newly honed tools to cut away the chaff and get to the heart of what is not right in our world.

Our services, events, programs, and academic courses have been laid out for you to help you chart a more intentional path toward helping you to remain vital, regardless of personal capacity. On the grounds and in the synagogue, UH will always be your cornerstone for helping you to honor our past, maintain our traditions and bring both our history and traditions forward to new voices ensuring that vitality with every chant of "Am Yisrael Chai" – "The People of Israel Live". And as long as we live, this world has, at least, a chance at feeling peace.

Thank you

United Hebrew recently received an extraordinarily generous contribution from **Marvin Ginsberg and Sandra Ginsberg, z"l**. We are profoundly grateful to Marvin and Sandra, z"l for such a gift, and to be a part of their legacy fulfillment. This beautiful expression of Jewish values will have a major impact on securing the future of our congregation. We are humbled and touched to be a part of the beautiful legacy left by two amazing people. Their generosity and spirit of *chesed*, *chizuk*, and *tzedakah* leave an enduring legacy and serve as an inspiration for us all.

Such a gift is an inspiring example of how people can support United Hebrew and leave an enduring legacy. There are many planned giving options that allow you to invest in the future of the congregation through financial and estate planning decisions made today. Anyone can include UH in estate plans with a bequest, charitable trust, life insurance policy, or other additional avenues. We are grateful for all those who have done so, our Legacy Circle, who share a common commitment to the future of United Hebrew Congregation. By taking advantage of various planned giving methods, they have contributed to the legacy of our congregation.



GIVE BLOOD
You can make a difference



Blood Drive
United Hebrew
Congregation

Wednesday, November 9, 2022
11:00 a.m. to 3:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter UnitedHebrew to schedule an appointment.



President's Message



Sheryl Bauer

TODAH RABAH! Thank you barely expresses my appreciation to so many people for our amazing High Holy Day services and Elul events. It takes a village, and that is what we have at UH. Along with our incredible clergy and staff, we had the help of so many wonderful volunteers.

Please join me in offering a sincere "thank you" to our dedicated clergy for the meaningful and warm services. The music selections, thought provoking sermons, blend of traditional and multigenerational rituals, and many programs and discussions made the month of Elul and all services so beautiful. It felt "pre-COVID" to see our sanctuary bustling with activity and to "hear" congregants participating during the services. In addition, we had great attendance online.

Our entire UH staff worked very hard to make sure the holy days were perfect for our congregants and visitors. Thank you all for your many hours, constant helpfulness and warm smiles before, during and after the holidays. With 375 people in attendance, "Rosh Hashanah in the Orchard" could not have been a bigger success, thanks to this team of professionals who were so organized and caring. Also, the thought-provoking activities for the children were a special way to engage our younger members. The willingness of our staff to do whatever is needed to always go the extra mile is greatly appreciated.

Many volunteers helped by participating during the services, changing out prayer books, ushering for services, setting out chairs, building our new sukkah, and the list goes on. I offer a special thank you to our Tech Team for their time commitment and flawless Live-Streaming experience. Many congregants helped to make our holidays so special, and I offer a sincere thank you to all of you.

I would be remiss if I did not extend a thank you to those who have generously donated to our High Holy Day Appeal. As I shared in my Rosh Hashanah remarks, our partnership commitment only covers about half of what it costs to maintain United Hebrew. We rely on donations for the balance. Please consider a gift at this time, to our High Holy Day Appeal, and start the year 5783 with a great feeling for doing your part.

Rabbi Reinhart talked about "Hineni". Well, we are here! Thank you for the contributions from so many in our United Hebrew community.

Sheryl J Bauer



Mah Jongg Card Orders for 2023

It is time to order your 2023 Mah Jongg cards and help United Hebrew's Backpack Buddies program. Last year we raised over \$1000, our largest amount to date.

\$14 Standard size

\$15 Large print

Get your order form online at www.unitedhebrew.org or in the UH office.

We would appreciate your orders as early as possible.

Deadline to receive orders is January 26, 2023

All orders will be mailed to you by the National Mah Jongg League around April 1, 2023

Contact Myra Ozersky (636-386-7835) with any questions.



They're Back!! Shabbat Nosh & Onegs

UH will host a dessert oneg on the first Friday of the month when we celebrate birthday blessings and a nosh on the third Friday of the month when we celebrate anniversary blessings.

Please consider becoming a sponsor in celebration of your milestone or in honor, memory or appreciation of a loved one. The dessert oneg is \$50 and the nosh is \$100 to sponsor.

314-469-0700 or egrossberg@unitedhebrew.org.



Membership Engagement

Our Engagement Committee is launching several small interest groups, called Creative Connections. Below are some of the groups that are launching and we would love to have you join one or more. There are more to come so keep a look out.

Ready for Retirement? Men, age 50-65, let's come together to focus on finances, fun, food and new friendships. Contact Craig Bleyer at 314-402-5103 or email csbleyer@gmail.com for further information.

If you are a **single UH member 65 or older**, please join us as we launch "**UH Prime Timers**". Our goal is to have fun, socialize and enjoy the companionship of both new and familiar friends. Our kickoff event will be a wine and cheese happy hour on Saturday, November 19 from 4-6:00 p.m. in the Kaplansky Center at UH. The group will discuss the frequency and activities for our socials. Please join us as we have fun and enjoy our Prime Time together! Make your reservation with Judy Berger at 314-374-5199 or Marilen Pitler at 314-225-9723,

Questions about potty training? Wondering where the best play spots are? Not sure why your kid won't eat vegetables? Need help navigating the Pre-K sports world? Then this small group is for you! This group is for **parents of preschool aged children** (at least one) to support each other in the early stage of parenthood. We will share experiences, information, and insights about raising young children while forming friendships and connections with parents in the same stage of life. And we might even do a bit of wine tasting while we discuss! Please contact Lindsay Melnick at lwehmer10@yahoo.com if you are interested in joining.

Calling all those creatively-minded! We are putting together a group of **people who like to craft** for a weekday, once to twice -a-month gathering at Pinspiration in the Chesterfield Valley. We will work on a project and grab a nosh from a nearby restaurant. Come with friends or meet some new ones. Projects start at \$15. If you are interested, please contact Jenny Stempel at JLStempel@gmail.com.

Of course we are still knitting and crocheting blessing blankets for congregants in need every Tuesday at 1:00 pm in the Kaplansky Center. Our **Stitch and A Prayer** continues to grow and we welcome new participants. Come and check us out!

We are looking for congregants to join our **Shalom Squad** where we will help greet people at services, special programs and events at United Hebrew and within our community. It's a great way to get to know new people as well as reconnect with friends.

Rabbi Reinhart spoke on Yom Kippur about all of the wonderful ways we can all get more involved with United Hebrew. Please come join us! If you have any questions, please contact Judy Babitz at judybabitz@aol.com. We look forward to hearing from you!

Shana Tovah
Judy Babitz

A Stitch and a Prayer

Crochet and Knitting Group

Tuesdays at 1:00 p.m. in the Kaplansky Center



Crochet or knit a Blessing Blanket for congregants in need of healing while enjoying the friendship of others. The group meets on Tuesdays, from 1-2:30, in the Kaplansky Center. If you would like to learn to crochet, Candy Zemon will be on hand to teach the single and double crochet. RSVP to Angie at aklenke@unitedhebrew.org or 314-434-3404.

Chair Exercise with Joyce Hochberg

Mondays at 2:30 p.m. on Zoom

November 7-in person, November 14, 21, 28--via zoom

December 5 -in person, December 12--via zoom

Join us for an exciting and fun 50-minute movement class on Zoom with Joyce Hochberg, who will lead an EASY and safe chair exercise routine to upbeat music. No experience is necessary, just wear comfortable, easy moving clothes and closed-toe shoes. As always, please check with your physician before exercising. Contact Angie at 314-434-3404 or aklenke@unitedhebrew.org for a link to the class.

Joyce's UH Fitness/Wellness Corner

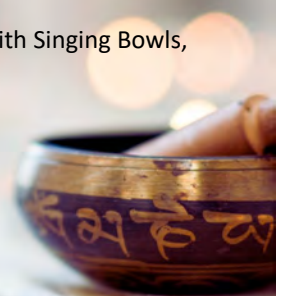
Bone Health

- 1) The three most important nutrients for bone health in adulthood are calcium, vitamin D and protein.
- 2) Adults need to do both : a) low impact exercises (ex: swimming, walking, cycling, yoga, chair exercises) and b) resistance training (strengthening major muscle groups with free weights, kettle bells, therabands, or weight machines) to maintain and possibly improve BMD (Bone Mass Density).
- 3) Bone density is the amount of bone mineral in bone tissue.

Singing Bowl Meditation

First Saturday of the month at 11 a.m. (no class in November)
Jablon Youth Lounge

Experience a guided sound journey with Singing Bowls, gongs, rain sticks, drums and more. Take time to rejuvenate and deepen your intentions as your mind settles and relaxes while listening to the sounds. Bring items for personal comfort, i.e. pad or blanket, pillow and eye covering.



Upcoming Programs

Adult Education Opportunities

Our adult education classes are multi-access, both virtual and in-person. Register on the UH website or by contacting Esther Olson at eolson@unitedhebrew.org or 314-469-0700.

Shabbat Morning Torah Study *Cantor and Rabbis*
Saturday mornings 9:00 a.m. – 10:00 a.m.
Each week we will explore the portion for that Shabbat and discover intricacies of the text, discuss lessons for our lives today, and wrestle with questions.

What's a Mitzvah? *Rabbi Rosenberg*
2nd Monday of the Month (no Nov.) 10:30 a.m.
We explore *Sefer Hachinuch*, a book written in 13th century Spain, to serve as a guide to understanding mitzvot. Each one of the 613 is explained - the how to's, the why, and who is obligated to observe/follow each mitzvah. We will utilize the text found online at https://www.sefaria.org/Sefer_HaChinukh

Women's Bible Study *Rabbi Rosenberg*
1st Tuesday of the Month 10:30 a.m.
New participants welcome! This year, given our UH theme of *Kolot Yisrael*, we'll study the voices of Israeli women. We'll explore the many and varied female voices that have been significant in the life of pre-State Israel and the State of Israel from 1948 until today.

Adult Intermediate Hebrew *Suzy Weber*
Thursdays 10:30 a.m.

Amateurs of the Great Assembly *Cantor Eichaker*
Thursdays 11:30 a.m.—1:00 p.m.
Currently, we are studying and discussing our Progressive liturgy through the CCAR publication "B'chol L'vavecha". We are beginning our deep exploration of our Amidah (19 benedictions). Newcomers are always welcome and will find our divergent topics highly stimulating and timely.



Ancient Israel: Where did we come from?

Tuesday, November 15 at 11:30 a.m. in the Spielberg Chapel

The Torah and the Hebrew Bible tell the origins and the story of the Israelite people from its earliest stages. It forms the foundational narrative of the Jewish people, as well as providing the mitzvot which have shaped our culture for millennia. However, what if history does not match theology? Join Rabbi Reinhart to explore an overview of the archaeological record on the origins of Ancient Israel from the first traces of a distinct people to the beginning of the Second Temple period. We will focus on the scientific/scholarly evidence as it both confirms and contradicts our Sacred Scriptures. So, come prepared to wrestle with the meaning of "Truth," as we learn how history and narrative may not exactly match up. Register on the UH website or by calling 314-469-0700



2022

November 3 ***State of Terror*** by Hillary Clinton & Louise Penny

December 1 ***The Color of Love*** by Marra Gad

2023

January 5 ***We Came, We Saw, We Left*** by Charles Wheelan

February 2 ***The Nesting Dolls*** by Alina Adams

March 2 ***The Guest Book*** by Sarah Blake

May 4 ***Beneath a Scarlet Sky*** by Mark Sullivan

June 1 ***Hamnet*** by Maggie O'Farrell

July 6 ***Unthinkable*** by Jamie Raskin

**UH Book Club meets on the first Thursday of the month
In the Spielberg Chapel.**



7:30 p.m. in the Messing Auditorium

November 30 - Chanukah February 22 - Purim

March 29 - Passover April 26 - Israel/Yom Ha'atzma'ut

Enjoy an adult's night out creating "on-trend" decorations and more to help beautify and celebrate Jewish holidays in your home! Drinks and projects provided!

\$18 per person/session

Register on the UH website or by calling 314-469-0700



November 9 and December 14

7:30 p.m. in the Spielberg Chapel

Come for the whiskey; stay for the Torah! Or the other way around. We'll do a little bit of learning, enjoy some good whiskey, and, most importantly, meet new people and be in community!

Register on the UH website or by calling 314-469-0700



Wednesday, December 21

6:00 p.m. in the Kaplansky Center

Join United Hebrew for an Intergenerational Game Night! Bring your favorite games or play one of ours. Pizza and drinks provided, bring a dessert to share.

Register on the UH website or by calling 314-469-0700



Perpetual Memorials

THE CONGREGATION EXTENDS ITS SINCERE CONDOLENCES TO THE FAMILIES OF

EUNICE EVELYN BAILIS

Sister of Eldon (Marcia)
Weinhaus

ROBERT "BOB" BALKIN

Brother of Jeffrey Balkin
(Randee Blum)

ANTOINETTE ROSE CARLIE

Mother of Caryn Carlie
(Barry Newmark)

SUSAN FADEM

Sister of Wendy (Mike)
Flotken

CAROL ANN FAINTICH

Mother of Joel (Rebecca)
Faintich
Grandmother of Evan & Jack
Faintich

SYLVIA GORDON

Sister of the late Marilyn
Farber (Edward)

MELVIN HALPERN

Father of David (Susan)
Halpern

ROBERT "BOB" LEVY

Wife of Marjie Levy
Father of Danny (Sari) Levy
Father of Julie (Matt)
Perlberg
Grandfather of Davina and
Emilia Levy and Madelyn
and Sienna Perlberg

(Continued on page 9)

10/30/22 – 11/5/22

Ellen Appelman
A. David Balk
Rose Berger
Jay A. Bialick
Goldy Block
Gloria Bloomrosen
Louis Carl
Todd Evan Cohen
Thelma Faintich
Annette Rodenberg
Feldman
Marvin Feldman
Sarah Fisher

11/6/22 – 11/12/22

David Abrams
Mark Lawrence
Alberstat
Melvin Askuvich
Hyman A. Barnholtz
Peter Berie, Jr.
Yetta Berk
Julius Bialock
William Block
Hattie Fuhrer Block
Howard B. Bournstein
Muriel "Sissy" Brody
Angelo A. Carnaghi
Fannie Silverman
Cohen
Herbert Curland
Bernice B. Davis

11/13/22 – 11/19/22

Arnold A. Bergson
Shawn Berkin
Dr. Aaron M. Bernstein
Alfred Blanke
Meyer Bloomrosen
Ruth Fried Blumberg
Jerome "Jerry" Franklin
Brasch
Miriam Chotin
Rose Luks Cohn
Saul E. Cohn
Leona Rothberg
Cosentino

11/20/22 – 11/26/22

Raymond B. Alexander
Rabbi Nathan E.
Barasch
Isadore Bernstein
Sarah Bierman
Albert L. Bleiweiss
Mr. Ronald Brimer
Jack Chuver
Jacob J. Cohen
Melford N. Cohen
Ben M. Cohen
Herman A. Cohn
Sadie Crown
Bertha Demba
Goldie C. Eder

Bev Freyman
Sam Gimpelson
Tillie Silver Glaser
Samuel Goldstein
Bernard Goodman
Jacob Greenberg
Gerson S. Grollman
David N. Grosberg
Harry Sol Grosberg
Rose Grossman
Jane S. Grossman
Ullus Gudder
Ralph W. Hartmann

Milton J. Dickman
Harry L. Dubman
Bernadine Feldman
Ann C. Field
Becky Fierman
Ben Fishel
Goldie Golde
Louis Goldman
Regina Guenzburger
Herman Hirshberg
Dora Holtzman
Heim Alvin Jacobs
J. Melvin Jacques
Nettie Kahn
Sam Kaisal
Benjamin Kauffman
Madelyne Kean

Abert S. Davis
Rosa Esler
Pamela Sue Essman
Jack Herman Faintich
Joseph H. Feldman
Sam Feldman
Faye Fischer
Eli R. Fleischman
Arthur B. Friedman
Al Friedman
Albert Goldstein
Lottie Golub
Barnett G. Goodman

Echeal Feinstein
Albert M. Finn
Morris Glaser
Steven A. Goldenhersh
Louis Golluber
Allan R. Hurwitz
Maxine J. Jackoway
Max Joachim
Jennie Judd
Arthur M. Kaiser
Lorraine M. Kaye
David J. Kravitz
Ronald B. Kunitz
Sanford C. Kusmer
Jay Burton Levine

Dr. Carl J. Heifetz
Elaine Hutkins
Gertrude Karney
Roger M. Katz
Dorothy Krell
Nathan Krem
Joseph Lehrman
Leopold Levey
Mayme F. Levine
Martin H. Millner
Louis N. Nachman
Bette Niss Abelson
Jennie Pactor

Elias Klebansky
Marilyn Quicksilver
Kopf
Jacob Kranzberg
Valerie Kraus
Frieda Kraus
Charles Kutner
Jacob Lampert
Wilma Levin
Frank E. Lickhalter
Isaac (Izzy) Lipshitz
Hazel Haffner Malpe
Lee W. Margulis
Mollie Merrims
Gertrude Moldafsky
Harold Newman
Harry Noveson

Maurice Gottlieb
Ann Greenfield
Michael Robert Kean
Irving O. Kramer
Rene D. Lang
Herman Levin
Samuel Lyner
Joel Malen
Barbara S. Mathes
Jacob M. Moldafsky
Nathan Molos
Robert C. Moss
Sadie Oppor

Kenneth W. Levy
Isidore Mathes
Shirleen H. Mehlman
Lena Meyer
I. W. Miller
Minnie Miller
Abella Morris
Barney Newmark
Sylvia Osberg
Sol Oxenhandler
Hymen Packman
Bessie Polinsky
Esther Rain
Anna S. Richolson
Adolph Rosenfeld

Marian Papirner
Sidney E. Rich
Solomon Rodenberg
Sam Rotenberg
David Sayetta
Morris Schneider
Doris Birenbaum
Schneider
Frank Schramm
Alex Segelbohm
Sam Seltzer
Meyer Serkes
Joseph Silverstein

Max E. Orenstein
Sophia Packman
Tanya Frances Palmer
Mary Passen
Sidney F. Pearlman
Hannah Pfeffer
Abe Pitler
Jacob Polinsky
Lillian Goldie Prager
Anna Reifler
Ina Rindskopf
Harriet Gamm
Rosenberg
Clara Rosenthal
Eugene P. Rubin
Pearl Sander
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Each year on the anniversary of their death, his or her name will be read at Shabbat Services as part of the Kaddish prayer. Prior to this service, members of the family are notified of the date. In addition, the name appears in the

Yom Kippur Memorial Book with all those who have been perpetually remembered.

Each plaque is engraved with the name and English date of passing and displayed on

United Hebrew's Rabbi Samuel Thurman Memorial Wall.

The cost of a plaque is \$750. Questions or to order a plaque, please call 314-469-0700.



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Faith Ellis
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Esther Cohen
Lena Cranis
Ervin Crown
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Stone
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(Continued from page 8)

JEROME DAVID SIEGEL
Brother of Susan (Don) Siegel

MONDELL NEEDLES
Grandmother of Marla May

BARBARA RUTH NEWMARK
Mother of Barry Newmark
(Caryn Carlie)
Mother of Lynn Newmark

ESTHER RUBEN
Mother-in-Law of Gloria
Ruben
Grandmother of Meredith
(Kevin) Daniels

**KAREN SUZANNE "SUE"
TENNENBAUM**
Mother of Michael (Lisa)
Tennenbaum

*Because of space limitations,
condolences are listed for members
and their immediate relatives. In
addition, only immediate relatives of
the deceased who are members are
listed.*

Notification of Illness, Surgery & Hospital Visits

Due to HIPAA laws, United Hebrew is unable to gain access to patient information from local hospitals. We rely solely on word-of-mouth from family members and other congregants to make clergy visits. If you know someone in the hospital or desiring a visit from a clergy member, please contact us at 314-469-0700. Once received, the information will be entered into our system and shared with the clergy.



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Barry Ginsburg
***Esther Ruben**
Shirley Gorman

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***Helene Sherman's induction to UCHS Hall of Fame**
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***Birth of Mason Wildman**
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***Beverly Motchan**
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***Laurie Shriber**
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*Marcy & Rick Cornfeld's 40th wedding anniversary

Lexie & Steve Goldsmith

IN MEMORY OF:

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Thank you to UH's High Holy Day Volunteers

Sound and Technical Management: Our warmest thanks to the amazing production team behind the scenes –Art and Candy Zemon, David MacRunnel, Ross Adams, Alan Barasch, Chris Brammer, Laura Pearson-Brammer, Murray Fishman, Shelli Greenblatt, Myron Holtzman, David Kaiser, Marilen Pitler and Sharon Silverman.

Service Participants: We extend our thanks to the following members of our congregation who participated in the High Holy Day Services whether it was through their musical talents or reading from the bimah: Max Banashek, Clara Bass, Sheryl Bauer, Brandon Fredman, Gary Grammer, Lindsay Graviett, Lonnie Grosman, Michelle Hastings, Cantor Murray Hochberg, Gail and Phil Kramer, Adam Kress, Laura Lebedun, Cheryl and Lew Levey, Rob Levinson, Carol Lippman, Felicia Malter, Rick Recht, Alex Rich, Lisa Rosenstock, Brian Rubin, Zach Solomon, Nora Sprowls, Stan Towerman, Randi Velick, Barry Wallis, Corey Wallis, Jayden Wallis, Mark and Suzy Weber, Celia Weingart and Hannah Wolkowitz (Simchat Torah)

Thank you to David Cohen, Assistant Musical Director and Organist and to Robert Feldman for blowing the Shofar as UH's Baal Tekiya.

Changing of the Torah Covers during Selichot: Leslie, Scott and Joel Kittredge, Cheryl Leamon and Madeleine Boyd, Maretta Shaw, Scott Starenchak and Abby Spencer, Jonah and Joshua Starenchak, Jessica and Shayna Styers

UH Officers Participating in Kol Nidrei: Sheryl Bauer, David Kaiser, Paul Kravitz, Rob Ormont and David Spewak

Learning Sessions: Special Thanks to Max Banashek, Michelle Hastings and Celia Weingart for leading a Yom Kippur Learning session.

Volunteer Greeters: Sheryl Bauer, Judy Berger, Lexie Goldsmith, David Halpern, Fran and Paul Kravitz, Marti Maurer, Rob Ormont, Helene Sherman, David Spewak, Richard Veden and Suzy Weber

Doctor's/Nurses on Call: Kevin Blinder, Dan Cohen, Aaron Hunt, Scott Lieberman, Bob Saltman, Carla Siegfried, Randi Velick, Aaron Wahl, Melissa Wallace and Richard Wieder

Prayer Book Volunteers: Joel and Marcia Barasch, Sheryl Bauer, Judy Berger, Guy Eshel, Shelly Eshel, Shelli Greenblatt, Susie Hearst, Angie Klenke, Gail Kramer, Paul Kravitz, Bryce Lourie, Lauren Lourie, Max Lourie, Thelma Peskind, Carolyn Satz, Maretta Shaw, Jessica Shyers, Linda Wallace, Alicia Wilson, Art and Candy Zemon

Sukkah Volunteers: Inbar Bachar, Barry Brimer, Kevin Daniels, Rob Levinson, Sam Sanders, Dale Schwartz, Landon Spielberg, Clinton Turley and Art Zemon

High Holy Day Food Drive: Our sincere appreciation to everyone who brought food for the Harvey Kornblum Jewish Food Pantry and Backpack Buddies. We collected an enormous number of canned goods, and it is appreciated by the Pantry and the families of the Backpack Buddies program.

Transportation: Our sincere thanks to the Betty and Eugene Wolff Transportation Fund for providing transportation to our senior members and valet parking.

If we left anyone off this list, we sincerely apologize.

Thank You

Susan and Sandy Becker for sponsoring the August Oneg in honor of Susan's 80th birthday.

Alan and Iris DeWoskin for sponsoring the August Oneg in honor of Iris' 80th birthday.

Maury and Lorrie Poscover for sponsoring the August Nosh in honor of their 56th anniversary.

Harvey Altman for sponsoring the September Oneg in memory of Carolyn's birthday and the October Nosh in memory of their anniversary.

Gary and Barbara Spencer for sponsoring the September Oneg in honor of Jonah Starenchak's Bar Mitzvah.

Barry and Dale Sharon for sponsoring the October Nosh.

Jerry and Suzanne Sincoff for sponsoring the October Nosh in honor of their 34th anniversary.

Jerry and Fran Goldberg for sponsoring the October Nosh in appreciation of friends.



Thank you to the following generous donors.



Scroll of Honor

UNITED HEBREW CONGREGATION

2022 Scroll of Honor

This represents all 2022 commitments received as of 10/1/2022

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(Anonymous)
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The United Hebrew Scroll of Honor was established to honor and recognize individuals and families who voluntarily increase their annual commitment above and beyond the Basic Annual Commitment Level. This strengthens our ability to meet the needs of our congregants while preserving the financial health of the congregation. We invite you to consider becoming a Scroll of Honor participant or renewing your pledge by contacting United Hebrew at temple@unitedhebrew.org or 314-469-0700. Thank you for your generous support.



Legacy Circle

UNITED HEBREW CONGREGATION

Our Legacy Circle is a group of members who have made a commitment to leave at least 1% of their estate to United Hebrew in their estate planning documents.

Joining the Legacy Circle does not need to be difficult. Your estate planning professional can help you make this provision.

Contact United Hebrew with any questions at temple@unitedhebrew.org.

Members of the Legacy Circle include, but are not limited to the following:

Fred and Eva Ashner
Bryan and Judy Babitz
Mitch and Lynda Baris
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Now, not when sorrow comes...
Is the time to visit our cemetery and select a suitable plot.

Why United Hebrew Cemetery?

- ◆ Situated on 20 acres of land in University City, the cemetery is centrally located with easy access to most city and nearby suburban population centers.
- ◆ Jewish and non-Jewish family members may be buried next to one another in all areas of the cemetery.
- ◆ Individuals and families may choose traditional burial or interment of cremated remains.
- ◆ Burial plots are available to both members and non-members of United Hebrew Congregation.

Purchasing Burial Plots

United Hebrew Cemetery has a variety of desirable gravesite locations which ensure an enduring and appropriate memorial.

Memorial Garden

All stones are flat and level with the ground.

Traditional Family Sections

Four or more graves with one large family monument and small markers for each individual.

Individual gravesites

One marker for each individual or one marker for two people.

7855 Canton Avenue
University City, MO 63130
Phone: 314-427-5900
Barry Needle, Cemetery Director





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United Hebrew Congregation serves the Jewish community of St. Louis as a place of worship and learning with a welcoming community united in the common Judaic spirit of Reform Judaism.

Our thanks to the Laiderman Family for their generous donation to the United Hebrew Endowment Fund to help support our synagogue Bulletin.

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"If you will it, it is no dream." Theodore Herzl

Kolot Yisrael: Voices of Israel

Celebrating 75 years of the State of Israel and the Jewish People

The new year 5783 marks the 75th anniversary of the establishment of the State of Israel. For thousands of years the Jewish people were without a land to call their own. Our ancestors time and again found themselves situated in lands around the world until they felt threatened and moved for the sake of safety. May 1948 gave the Jewish people the autonomy over themselves and for the past 75 years Jews from around the world have found themselves at home in the safety and comfort of the Jewish state. The past 75 years have bolstered the Jewish people not only in Israel but around the world. This year, at United Hebrew, in addition to celebrating the 75th anniversary of the founding of the State of Israel, we'll also celebrate *Kolot Yisrael* – Voices of Israel. We will explore the many and varied voices of the Jewish people, from those residing in Israel to the voices of our people in the US and around the world.

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April 30 - May 11, 2023

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Sign up by December 31