



HAMAKOR המקור THE SOURCE

United Hebrew Congregation

Congregation Achdut Yisroel
Established in St. Louis in 1837
First Jewish Congregation West of the Mississippi River

November/December 2023/5784
Volume XCXIII No. 2



CHANUKAH AT UH



Chanukah Shabbat with Nefesh Mountain Friday December 8

- 5:15 p.m. Latke Bar
- 6:00 p.m. Chanukah Shabbat with Doni and Eric from Nefesh Mountain
- 7:00 p.m. Sufganiyot Oneg
- 7:30 p.m. Nefesh Mountain Chanukah Concert



Mascots and Menorahs Monday, December 11 at 6:00 p.m.

Join us in the Kaplansky Center for a Chanukah candle lighting with the UH clergy and Fredbird® and Louie, mascots for the St. Louis Cardinals and the St. Louis Blues!



UH Welcomes Artists-in-Residence

Nefesh Mountain

December 8



Dan Nichols

December 15-17



Visit our website and the weekly eblasts for additional information.

Artists-in-Residences are made possible through funds from the Helen C. Millstone Music Fund

Shabbat Schedule

In-Person, Zoom, Livestream, and Facebook

November 2023

Friday, November 3

6:30 p.m. Shabbat Alive! with Rick Recht & Consecration
Children & Adult Birthday Blessing
7:30 p.m. Dessert Oneg

Saturday, November 4 Cheshvan 20 5784

Vayeira
9:00 a.m. Torah Study
**10:30 a.m. Bar Mitzvah of
Noah Sanders**
Son of Sam Sanders and Jodi Becker

Friday, November 10

6:30 p.m. Shabbat Service

Saturday, November 11 Cheshvan 27 5784

Chayei Sarah
9:00 a.m. Torah Study
10:30 a.m. Family Shabbat Service

Friday, November 17

5:30 p.m. Tot Shabbat
5:45 p.m. Shabbat Nosh
6:30 p.m. Shabbat Service
Anniversary Blessings

Saturday, November 18 Kislev 5 5784

Tol'dot
9:00 a.m. Torah Study
**10:30 a.m. Bar Mitsvah of
Jack Podolsky**
Son of Paul and Lisa Podolsky

Friday, November 24

Thanksgiving Friday- School and Office
Closed
6:30 p.m. Shabbat Service

Saturday, November 25 Kislev 12 5784

Vayeitzei
9:00 a.m. Torah Study
10:30 a.m. Shabbat Morning Service

December 2023

Friday, December 1

6:30 p.m. Shabbat Service
Children & Adult Birthday Blessing
7:30 p.m. Dessert Oneg

Saturday, December 2 Kislev 19 5784

Vayishlach
9:00 a.m. Torah Study
10:30 a.m. Shabbat Morning Service

Friday, December 8

5:15 p.m. Chanukah Latke Bar
6:00 p.m. Chanukah Shabbat Service
7:30 p.m. Nefesh Mountain Concert

Saturday, December 9 Kislev 26 5784

Vayeishev
9:00 a.m. Torah Study
10:30 a.m. Shabbat Morning Service

Friday, December 15

5:30 p.m. Tot Shabbat
5:45 p.m. Shabbat Nosh
6:30 p.m. Shabbat Service with Dan Nichols
Anniversary Blessings

Saturday, December 16 Tevet 4 5784

Mikeitz
9:00 a.m. Torah Study
10:30 a.m. Family Shabbat

Friday, December 22

6:30 p.m. Shabbat Service

Saturday, December 23 Tevet 11 5784

Vayigash
9:00 a.m. Torah Study
10:30 a.m. Shabbat Morning Service

Friday, December 29

6:30 p.m. Shabbat Service

Saturday, December 30 Tevet 18 5784

Ya-y'chi
9:00 a.m. Torah Study
10:30 a.m. Shabbat Morning Service

Mazel Tov to our B'nai Mitzvah



Noah Sanders
November 4, 2023
10:30 a.m.



Jack Podolsky
November 18, 2023
10:30 a.m.

Tot Shabbat

Come and Join us for Tot Shabbat every
3rd Friday of the month at 5:30pm in the
Spielberg Chapel

November 17
December 15
January 19
February 16
March 15
April 19
May 17

Family Shabbat

Saturdays 10:30 a.m.
Millstone Sanctuary

Together with our
clergy and music
specialist Greta
Rosenstock, we'll
celebrate Shabbat
"camp style." Each
Family Shabbat
Service will have
participation by UH's
religious and Hebrew
school students.

November 11
December 16
January 6
February 3
March 2
April 6



November & December Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 29 9am K-5 RS 11:00am Cemetery Clean-Up 11:30am 6-10 RS	30 7pm Speaker: Nirit Bernstein	31 1pm Crochet/Knit Group	November 1 7:30pm Whiskey & Wisdom	2 10am Adult Hebrew 11am AGA 1:30pm Susan Kaplansky Book Club	3 6pm Shabbat Alive! & Consecration 7pm Dessert Oneg	4 9am Torah Study 10:30am Shabbat Morning Service Bar Mitzvah of Noah Sanders
5 9am K-5 RS 11:30am 6-10 RS 1pm 6-8 Paintball 4:30pm 11 & 12 grade RS	6 1:30pm Chair Exercise- In Person & Zoom	7 School Closed- Parent Teacher Conferences 1pm Crochet/Knit Group	8 11am American Red Cross Blood Drive 7pm Speaker: Tal Schneider	9 10:00am Adult Hebrew 11:00am AGA	10 6:30pm Shabbat Service	11 9am Torah Study 10:30am Family Shabbat
12 9am K-5 RS 11:30am 6-10 RS	13 12pm Senior Lunch 1:30pm Chair Exercise- Zoom	14 1pm Crochet/Knit Group	15 7pm Board of Trustees Meeting	16 10am Adult Hebrew 11am AGA	17 5:30pm Tot Shabbat 5:45pm Shabbat Nosh 6:30pm Shabbat Service	18 9am Torah Study 10:30am Shabbat Morning Service Bar Mitzvah of Jack Podolsky
19 9am K-5 RS 11:30am 6-10 RS	20 1:30pm Chair Exercise- Zoom	21 1pm Crochet/Knit Group	22	23 Thanksgiving- School and Offices Closed	24 School and Offices Closed 6:30pm Shabbat Service	25 9am Torah Study 10:30am Shabbat Morning Service
26	27	28 1pm Crochet/Knit Group	29	30 10am Adult Hebrew 11am AGA	December 1 6:30pm Shabbat Service 7:30pm Dessert Oneg	2 9am Torah Study 10:30am Shabbat Morning Service
3 9am K-5 RS 11:30am 6-10 RS 4:30pm 11 & 12 grade RS	4 1:30pm Chair Exercise- In Person & Zoom	5 1pm Crochet/Knit Group	6	7 Chanukah 1st Candle 10am Adult Hebrew 11am AGA 1:30pm Susan Kaplansky Book Club	8 Chanukah 2nd Candle 5:15pm Latke Bar 6:00pm Chanukah Shabbat with Nefesh Mountain 7:30 Nefesh Mountain Concert	9 Chanukah 3rd Candle 9am Torah Study 10:30am Shabbat Morning Service
10 Chanukah 4th Candle 9am K-5 RS 11:30am 6-10 RS 3:00pm Annual Meeting	11 Chanukah 5th Candle 1:30pm Chair Exercise- Zoom 6pm Mascots & Menorahs	12 Chanukah 6th Candle 1pm Crochet/Knit Group	13 Chanukah 7th Candle 7:30pm Whiskey & Wisdom	14 Chanukah 8th Candle 10am Adult Hebrew 11am AGA 6pm Intergenerational Game Night	15 5:30pm Tot Shabbat 5:45pm Shabbat Nosh 6:30pm Shabbat Service with Dan Nichols	16 9am Torah Study 10:30am Family Shabbat Service
17 9am K-5 RS 11:30am 6-10 RS	18 1:30pm Chair Exercise- Zoom	19 1pm Crochet/Knit Group	20	21 10am Adult Hebrew	22 School Closed 6:30pm Shabbat Service	23 9am Torah Study 10:30am Shabbat Morning Service
24 31	25 School and Offices Closed	26 1pm Crochet/Knit Group	27	28	29 6:30pm Shabbat Service	30 9am Torah Study 10:30am Shabbat Morning Service

Annual Meeting and Election of Officers and Board of Trustees

& presentation of the

United Hebrew Irene Fox Ruach Award to

Suzy Weber

Sunday, December 10 3:00 p.m.
Formal Invitation coming soon



Clergy Message - David Reinhart



Did you know that November is Jewish Book Month? Well, not quite November. Since 1943, it has been celebrated the thirty days prior to the first night of Chanukah, which means, this year, Jewish Book Month will be November 7th – December 7th (23rd of Cheshvan – 24th of Kislev).

Prior to 1943, Jewish Book Month was Jewish Book Week. Created in 1925 by Fanny Goldstein, the head librarian at the Boston Public Library's North End branch and a social activist, the week originally coincided with the week-long holiday of Sukkot, a time meant for gathering and welcoming guests into our Sukkah, Jewish or not. By curating an exhibition of Jewish books and Judaica, Goldstein hoped to inspire Jews and those of other faiths and ethnicities alike to learn about and be proud of their and each other's heritage and history (also instituting history/book weeks for African Americans and Catholics and hosting joint Christmas/Chanukah parties during her time as head librarian). Within two years, in 1927, interest in Goldstein's exhibition led to the creation of a National Jewish Book Week. Then, in 1940, it was moved from Sukkot to the week before Chanukah, as a way to promote Jewish literature and gifting Jewish books during the holiday. Finally, in 1943, it was expanded to a month, and Goldstein's National Committee for Jewish Book Week became the Jewish Book Council.

From a practical perspective, Chanukah serves as an ideal backdrop to support and fund Jewish literature. Although not traditionally so, Chanukah is American Judaism's major gift-giving holiday, thus, as indicated above, promoting Jewish books in the preceding month is a wonderful way to encourage the purchase and reading of these books. However, we should also embrace the greater symbolic meaning of the holiday and the intention and purpose of Jewish Book Month. While most Chanukah observances tend to focus on the miracle of the oil and the conclusion of the story, we ought to remember that the story itself is fundamentally one of Jewish pride and identity. More than two-thousand years ago, the Maccabees fought not only for their right to be Jewish but to remind their fellow Jews of the intrinsic value of their own identity. Today, we often struggle with the same challenges, though in different forms – the right to be accepted despite rising antisemitism and, unfortunately, declining Jewish engagement and connection.

In a multi-cultural society, as we live in today, the best way to combat both of these is education. This is the foundational purpose of Jewish Book Month. Again, with her initial Jewish Book Week, and every one that has followed for the past 98 years, Goldstein hoped to inspire Jews and those of other faiths and ethnicities alike to learn about and be proud of their and each other's heritage and history. By learning our own story, we strengthen our individual and communal Jewish identities, and, by teaching it to our children, we ensure that the value of Judaism and the Jewish people itself may continue to thrive. Likewise, by sharing our story, our identity, and, most importantly, ourselves with those in our broader American community, we promote greater understanding and connection, which combat the fear and lies that leads to hatred in all its forms.

So, this November and December, this Jewish Book Month and this Chanukah, let's embrace this challenge and this symbolism. For, eighty years after the first Jewish Book Month, the Jewish Book Council and the Jewish Community Center Association of North America continue to sponsor this event. This November, JCCs across America will host Jewish Book Festivals – check out our own St. Louis JCC's festival from November 4th through the 20th – and libraries will highlight Jewish books and culture – reach out to your local library to see if they're recognizing the month (and encourage them to do so, if they aren't already). Then, come December 7th, celebrate Chanukah proudly. Put your Chanukiah in the window, say "Happy Holidays," join UH for our multiple celebrations, and give a gift of a Jewish book!

David A. Reinhart

Save the Date
Celebration of Cantor Ronald Eichaker
Saturday, June 8, 2024
R&R Ranch

We look forward to celebrating the 25 years Cantor Eichaker has served United Hebrew Congregation as he becomes Cantor Emeritus. The celebration event is chaired by Stacy, Belle and Marie Rolfe. If you are interested in being on the celebration committee, please contact Stacy at stacyrolfe@me.com or the UH office at 314-469-0700.



President's Message - Sheryl Bauer



Today Rabah for so many reasons.

I offer a huge thank you to our clergy, staff and many volunteers who made our high holy day services, programs, events and festivities so meaningful and special. Our entire staff worked hard to make sure the holy days were perfect for congregants and visitors, while offering programs for all ages. Many volunteers participated during the services, served as welcoming greeters and helped to build our beautiful sukkah. Our Tech Team flawlessly made it possible for us to share services and events with those who were not able to join us in person. Thank you to everyone who helped to make our holiday season so special, and thank you to everyone who participated in one or more UH service or activity.

Thank you also to those who supported our High Holy Day Appeal. Your financial support allows us to offer you and your family a more meaningful Jewish experience at UH. We greatly appreciate the many ways that you support United Hebrew.

I shared news about our new program to honor YOU and your life. It is called Thanksliving, and it is a celebration of each of you. You are encouraged to make a donation to UH that is equal to the number of years you are celebrating. It can be in celebration of your birthday, anniversary or other special simcha. There will be a friendly competition between the 12 months for the highest donations. This is an opportunity for you to allow UH to help you honor yourself.

Since this is my last *HaMakor* article as president, I want to extend a hearty thank you to the entire UH congregation for allowing me the privilege and honor of serving as president these last two years. I have loved getting to know so many of you, and I appreciate your help and feedback along the journey. I am so proud of what the staff and lay leaders continue to accomplish, and I feel like UH is positioned well for the future. While my tenure as president is coming to conclusion, UH will always feel like home for me.

With sincere thanks,
Sheryl Bauer



UH Cemetery Clean-Up Sunday October 29 11:00am - 1:00pm

Join us for a fall clean-up of our UH cemetery. Trash bags and refreshments will be provided. Feel free to bring gloves and rakes.

United Hebrew Cemetery
7855 Canton Avenue
St. Louis, MO 63130

Questions, please contact slevy@unitedhebrew.org or 314-469-0700.



We're celebrating Life this year at UH with our "Life is Good" theme and our "Thanks-living" campaign/competition. Sheryl Bauer mentioned the Thanks-living campaign at Rosh Hashanah and in her article above. It could not be simpler. When it is your birthday or anniversary you send in a check in the amount of whatever age you're celebrating... in other words, giving "thanks for living." If you're turning 50, you would send in a donation to UH for \$50 for the Thanks-living campaign/competition. If you're celebrating your 10th wedding anniversary, you would send in a \$10 donation. You can send in donations in honor of your children or grandchildren. Or parents can encourage kids to make a tzdekah donation to UH in the amount of their age on their birthday, maybe from the proceeds of their birthday gifts. As we celebrate simchas in our lives, each month of the year is in competition against the other eleven months. The "winner" is the month that raises the most money in honor of the celebrated simchas. For more information check out our website.



Upcoming Programs

Adult Education Opportunities

Our adult education classes are multi-access, both virtual and in-person.

Shabbat Morning Torah Study *Cantor and Rabbis*
Saturday mornings 9:00 a.m. – 10:00 a.m.

Whiskey & Wisdom *Rabbi Reinhart*
Nov. 1 & Dec. 13 7:30 p.m.
We'll do a little bit of learning, enjoy some good whiskey, and, most importantly, meet new people and be in community!

Adult Intermediate Hebrew *Suzu Weber*
Thursdays 10:00 a.m.

Amateurs of the Great Assembly *Cantor Eichaker*
Thursdays 11:00 a.m.—12:30 p.m.
The Amateurs of the Great Assembly (AGA) invites you to begin a new course and format in adult learning. The 12-week course entitled "Creation Stories of the Ancient World" will feature an opening 30-minute video lecture by Professor Joseph Lam, Associate Professor in the Department of Religious Studies at the University of North Carolina - Chapel Hill, followed by a 60-minute round-table discussion led by Cantor Eichaker. The course will be supplemented with a course guide and lecture transcript for each session. These supplements will be provided via email attachments or for pick up in the Main Office by request. The AGA is a dynamic and growing population of life-long-learners who engage actively in every topic and allow for divergent discussions related to the current course material. For further information, please contact Esther Olson, clergy assistant or Cantor Eichaker directly.

Intergenerational Game Night

Thursday, December 14

6:00 p.m. in the Kaplansky Center

Join United Hebrew for an Intergenerational Game Night! Bring your favorite games or play one of ours. Pizza and drinks provided, bring a dessert to share. Register on the UH website or by calling 314-469-0700



United Hebrew welcomes our new religious school students into the study of Torah with a ceremony of Consecration. The dedication of our students to a lifetime of learning. Our students ascend the bimah, recite the Shema, are blessed, and receive their very own miniature Torah scroll.

The Susan Kaplansky Book Club

UH Book Club meets on the first Thursday of the month at 1:30 p.m. in the Spielberg Chapel. You can join us for just one session if you like a particular book or come to all the sessions. There is no long-term commitment necessary.

This year's books include:

- 2023
Nov 2: *The Guncle* by Steve Rowley
Dec 7: *Horse* by Geraldine Brooks
- 2024
Jan 4: *Sadie on a Plate* by Amanda Elliot
Feb 1: *The Four Winds* by Kristin Hannah
Mar 7: *Isaac's Story: A Man, a Time, and the Deadliest Hurricane in History* by Erik Larson
April 4: *Lessons in Chemistry* by Bonnie Garmus
May 2: *Lessons From the Edge: A Memoir* by Marie Yovanovitch
June 6: *The Widows of Malabar Hill* by Sujata Massey

A Stitch and a Prayer

Crochet and Knitting Group

Tuesdays at 1:00 p.m. in the Kaplansky Center

Join Stitch and a Prayer to knit or crochet Blessing Blankets for UH members in need of healing and warm scarves for clients at the Harvey Kornblum Jewish Food Pantry. All skill levels are welcomed.

Chair Exercise with Joyce Hochberg

Mondays at 1:30 p.m.

Nov. 6 – in person & Zoom

Nov. 13 – Zoom

Nov. 20 – Zoom

Dec. 4 – in person & Zoom

Dec. 11 – Zoom

Dec. 18 – Zoom

Join us for an exciting and fun 50-minute movement class with Joyce Hochberg, who will lead an EASY and safe chair exercise routine to upbeat music. No experience is necessary, just wear comfortable, easy moving clothes and closed-toe shoes.

SIT SMARTER:

Some of us tend to collapse into our seats so that our shoulders may roll forward and our back muscles may get overstretched. Here are some suggestions to improve our posture while sitting.

1. Sit with shoulders back and down.
 2. Keep chin slightly tucked to keep your head in neutral position.
 3. Keep your feet flat on the floor-not crossed or twisted under you.
 4. Keep your knees lower than your hips.
 5. While watching tv or sitting at your computer, try to face your head directly in front of the screen.
 6. Straighten up the spine when you notice that your shoulders and spine are slumping forward.
 7. A pillow or lumbar support can help thwart slouching.
- When we have proper alignment while sitting, we are placing the least amount of strain on our muscles, ligaments and bones. You deserve a standing ovation! Happy sitting!!!



Upcoming Programs

Creative Connections

Make new friends or deepen existing relationship by joining one of our several small interest groups, collectively called Creative Connections. Do you have an idea for a Creative Connection group? We'd love to hear from you!

Contact Judy Babitz at judybabitz@aol.com.

Below are a list of the current groups and contact information:

~ **Women's Group (age 45-65):** Dipali House, dipali_shah2000@yahoo.com

~ **Climate Change:** Diane Bleyer, bleyerd@hotmail.com or 314-402-3078.

~ **Crafting:** Jenny Stempel JLStempel@gmail.com.

~ **Ready for Retirement? Men, let's come together to focus on finances, fun, food, and new friendships:** Craig Bleyer, 314-402-5103 or email csbleyer@gmail.com.

~ **Photography Group:** Susan Keyes, wilkeypro@aol.com

~ **UH Prime Timers:** For all active senior singles who are UH members Judy Berger, 314-374-5199, judy@ljmier.com, Marilen Pitler, 314-225-9723, mpitler@prodigy.net

Family Holiday Cooking Series

Dec 3: Hanukkah at 5pm

Feb 11: Challah at 5pm

April 21: Passover at 5pm

May 19: Shavuot at 5pm

Join UH's own Jenny Stempel to learn some new holiday recipes!

This family friendly series is perfect for anyone 8 and up. You can sign up for classes individually or for the whole series. They are \$36/project/class or \$118/project for the series. Each family is one registration and will work together on one project. Class size is limited so sign up early! Single Adults and couples without children are also welcome. Contact Sari, slevy@unitedhebrew.org, with questions.

UH is Excited to Welcome Two Speakers from Israel



Dr. Nirit Bernstein

50 shades of green: From innovative regulation to breakthrough medicinal uses - Israel has become a world leader in cannabis research.

Monday, October 30

7:00 p.m.

Spielberg Chapel

Professor Nirit Bernstein, recent winner of two international awards, is Israel's leading expert on soil and water conservation and on the use of medical cannabis for diabetes, Alzheimer's, asthma, and Tourettes. Her lecture will feature Israel's latest groundbreaking contribution to agricultural research in the field of Medical Cannabis. With governmental approval and encouragement, Israel is a global leader when it comes to pioneering medical cannabis research and development. Dr. Bernstein will discuss what it entails to be a cannabis researcher; challenges for high-tech cultivation for medical use, potential for finding cures for serious diseases like diabetes, cancer, and multiple sclerosis, and will unravel recent developments for optimization of the medical cannabis crop.



Tal Schneider

Fifty Years After the Yom Kippur War, Israel Faces Another Existential Crisis

Wednesday, November 8

7:00 p.m.

Spielberg Chapel

Fifty years after Israel's biggest military threat, Israel is under a bigger internal threat. It is not the neighboring Arab countries that may break Israel's society, but rather a deep and painful would amongst the diverse tribes of Israel. Tal's lecture will provide a retrospective of the military and social implications of the Yom Kippur War and a perspective into the current political and constitutional crisis.

Tal Schneider is the Political and Diplomatic Correspondent for the Times of Israel. She covered Israel's fierce political arena, including Israel unprecedented political crisis and multiple rounds of intense elections. She is a top Israeli analyst in high demand, a frequent media commentator, writer and speaker who served as Washington correspondent for Ma'ariv covering the 2004, 2008, 2016, 2020 US election cycles.

Made possible through funds from the Ruzena and Fred Levy Speaker Fund

As of the publication of this Bulletin, these speakers are scheduled to speak, but please note that the schedule is subject to change.



Perpetual Memorials

The Congregation extends its sincere condolences to the families of

MELFORD BERNS

Brother-in-Law of Stan (Judy) Plocker

ROSALIE BRASCH

DENNIS E. COHEN

Father of Lindsay (David) Schneider
Grandfather of Gabrielle Schneider

HOWARD

HIRSEKORN

Father of Jake Hirse Korn
Grandfather of Joanna & Haley Hirse Korn

STEPHEN M. LEIBOWITZ

Brother-in-Law of Sara Weiss

SHIRLEY A. SEIGEL

STAN TOWERMAN

Father of Craig Towerman
Father of Michael (Barbara) Towerman
Grandfather of Matt (Amanda) Towerman
Life Partner of Arlene Goodman

Notification of Illness, Surgery & Hospital Visits

Due to HIPAA laws, United Hebrew is unable to gain access to patient information from local hospitals. We rely solely on word-of-mouth from family members and other congregants to make clergy visits. If you know someone in the hospital or desiring a visit from a clergy member, please contact us at 314-469-0700. Once received, the information will be entered into our system and shared with the clergy.

10/29/23 – 11/4/23

Ellen Appelman
A. David Balk
Rose Berger
Jay A. Bialick
Goldy Block
Gloria Bloomrosen
Todd Evan Cohen
Sylvia Fagin
Thelma Faintich
Annette Rodenberg
Feldman
Sarah Fisher

Bev Freyman
Sam Gimpelson
Tillie Silver Glaser
Samuel Goldstein
Bernard Goodman
Jacob Greenberg
Gerson S. Grollman
David N. Grosberg
Harry Sol Grosberg
Mamie E. Grossman
Rose Grossman
Jane S. Grossman
Ralph W. Hartmann

Dr. Carl J. Heifetz
Elaine Hutkins
Rose Kaiser
Gertrude Karney
Roger M. Katz
Jack Kinberg
Dorothy Krell
Nathan Krem
Joseph Lehrman
Leopold Levey
Martin H. Millner
Abraham Moulton
Louis N. Nachman

Bette Niss Abelson
Jennie Pactor
Sidney E. Rich
Solomon Rodenberg
Sam Rotenberg
David Sayetta
Morris Schneider
Joe Schneiderman
Frank Schramm
Alex Segelbohm
Sam Seltzer
Meyer Serkes
Joseph Silverstein

Rose Spitzer
Sylvia Strauss
Annita Guller Shekman
Suffian
Eve Walzer
Herman Weintrub
Mildred E. Weiss
Hattie Wild
Fannie Wilson
Louis G. Zelson

11/5/23 – 11/11/23

David Abrams
Mark Lawrence Alberstat
Melvin Askuvich
Hyman A. Barnholtz
Peter Berie, Jr.
Yetta Berk
Julius Bialock
William Block
Hattie Fuhrer Block
Howard B. Bournstein
Louis Carl
Herbert Curland
Bernice B. Davis
Milton J. Dickman
Harry L. Dubman

Marvin Feldman
Ann C. Field
Becky Fierman
Ben Fishel
Goldie Golde
Louis Goldman
Ullus Gudder
Regina Guenzburger
Herman Hirschberg
Dora Holtzman
Heim Alvin Jacobs
Nettie Kahn
Sam Kaisal
Madelyne Kean
Elias Klebansky
Marilyn Quicksilver Kopf

Jacob Kranzberg
Valerie Kraus
Frieda Kraus
Charles Kutner
Jacob Lampert
Wilma Levin
Mayme F. Levine
Frank E. Lickhalter
Isaac (Izzy) Lipshitz
Hazel Haffner Malpe
Lee W. Margulis
Mollie Merrims
Gertrude Moldafsky
Harold Newman
Harry Noveson
Max E. Orenstein

Sophia Packman
Tanya Frances Palmer
Marian Papirner
Mary Passen
Sidney F. Pearlman
Abe Pitler
Jacob Polinsky
Lillian Goldie Prager
Ina Rindskopf
Harriet Gamm Rosenberg
Clara Rosenthal
Eugene P. Rubin
Frank S. Scallet
Doris Birenbaum Schneider
Jack M. Schultz
William W. Sokol

Leonard Spielberg
Lillian B. Strauss
David W. Strauss
Fay Urbach
Joe Weinschelbaum
Rose Werner
Linda Ann Wieder
Morris Wolff
Abraham Wolff
Stanford G. Wolfson
Lisa Ellen Yoffie
Ruben J. Zeid
Joseph Zuckerman

11/12/23 – 11/18/23

Arnold A. Bergson
Shawn Lewis Berkin
Dr. Aaron M. Bernstein
Alfred Blanke
Meyer Bloomrosen
Ruth Fried Blumberg
Jerome "Jerry" Franklin
Brasch
Muriel "Sissy" Brody
Angelo A. Carnaghi
Fannie Silverman Cohen
Rose Luks Cohn

Saul E. Cohn
Leona Rothberg Cosentino
Pamela Sue Essman
Jack Herman Faintich
Bernadine Feldman
Joseph H. Feldman
Sam Feldman
Faye Fischer
Eli R. Fleischman
Arthur B. Friedman
Al Friedman
Albert Goldstein
Lottie Golub

Barnett G. Goodman
Maurice Gottlieb
J. Melvin Jacques
Benjamin Kauffman
Michael Robert Kean
Irving O. Kramer
Rene D. Lang
Herman Levin
Samuel Lyner
Joel Malen
Barbara S. Mathes
Jacob M. Moldafsky
Nathan Molos

Robert C. Moss
Jerrold B. Packman
Harry Papirner
Louis Paskowitz
Hannah Pfeffer
William Quicksilver
Pearl Radloff
Anna Reifler
Herman Rodenberg
Pearl Sander
Harry Sander
Edna Schainker
Sidney Schainker

Evelyn Schieber
Janice Silverman
Sonia J. Silverman
Leonard Sova
Robyn Lynne Stein
Louis M. Steinback
Mary Goldstein Stolar
Emanuel Ukman
Helen Wagman

11/19/23 – 11/25/23

Raymond B. Alexander
Rabbi Nathan E. Barasch
Isadore Bernstein
Sarah Bierman
Albert L. Bleiweiss
Ronald Brimer
Miriam Chotin
Jack Chuver
Jacob J. Cohen
Melford N. Cohen
Herman A. Cohn
Sadie Crown
Abert S. Davis
Bertha Demba
Goldie C. Eder
Rosa Esler
Echeal Feinstein

Albert M. Finn
Morris Glaser
Steven A. Goldenhersh
Louis Golluber
Ann Greenfield
Dorothy Hershennhorn
Allan R. Hurwitz
Maxine J. Jackoway
Max Joachim
Jennie Judd
Arthur M. Kaiser
Lorraine M. Kaye
David J. Kravitz
Ronald B. Kunitz
Sanford C. Kusmer
Jay Burton Levine
Kenneth W. Levy

Shirleen H. Mehlman
Lena Meyer
I. W. Miller
Minnie Miller
Abella Morris
Barney Newmark
Sadie Opper
Sylvia Osberg
Sidney Oswitz
Sol Oxenhandler
Hymen Packman
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Esther Rain
Anna S. Richolson
Milton H. Roodman
Adolph Rosenfeld
Morris D. Rovin

Charles Rubin
Albert Salomon
Nathan Sander
Carol Tyner Schneider
Marion Schneider
Harry Schneider
Fannie M. Schwartz
Magda S. Schwartz
Ben Schwartzman
Richard J. Schwarz
Edwin I. Shanfeld
Ida Shultz
Ann Simon
Rudolph S. Singer
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Nathan Smith
Sara Sobel

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Alvin B. Vittert
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Leonard Wagner
Harry Wald
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Tillie Weinberg
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Sally Shanfeld Yoffie



Perpetual Memorials

11/26/23 – 12/2/23

Marjorie R. Abrams
Aaron Claris
Ben M. Cohen
Morris J. Cohen
Fannie Cohen
Edward C. Elkins
Faith Ellis
Sadie Z. Feldman
Abraham Gilberth
Harry Goldstein

Cecelia Millstone Gollin
Lillian Stein Green
Joseph W. Henschel
Jules Hoffman
Pearl Hookerman
Dr. Alex E. Horwitz
Esther Hubert
Burton Iskiwitch
Alan Kaufman
Aileen N. Kenner
Tauba Klearman

Phil C. Kretchmar
Sherry Lending
Myer Y. Levin
Ruth Gollomp Levine
Sophia R. Lickhalter
Mollie Marcus
Charles Margulis
Isidore Mathes
Rose Gottlieb Miller
Leona R. Mills
Mary Oberman

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Florence Portney
Louis Present
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Linda Joy Rechter
Beverly Hope Rosen
Irma Rosenberg
Joseph Rossen
Harvey B. Roufa
David Rudolph
Joan "Joanie" Sachs

Edna R. Sandberg
Simon Jack Shanker
Harry Sigoloff
Elvin Silverman
William S. Silverman
Morton H. Soll
Harold L. Solomon
Joseph F. Spector
Tanya Hoffman Spero
Jerry Stoliar
Esther Sakowsky Tanzer

Jeanette Tessler
Betty S. Toybes
Samuel Unterberger
Denise Sylvia Veesaert
Morris Weitzman
Barney Wides
Rosella G. Wolff
Betty J. Wolff
Deborah A. Wolkowitz
Robert E. Yatter

12/3/23 – 12/9/23

Gertrude M. Baker
Max Baskin
Sue Falk Birenbaum
Elizabeth Bomze
Cecelia Bray
Dorothy Catlin
Hollie Nicole Chasen
Esther Cohen
Lena Cranis
Ervin Crown

Esther W. Davis
Tillie Fleishman
Irwin Fox
Lillian Weisman Frank
Abe J. Furfine
Janet Gittelman
Naomi S. Goffstein
Harry (Doc) Goffstein
Dinah Gardner Grosberg
Eugene L. Grosberg
Ben Grosberg

Rae Grosman
Samuel F. Hacker
Joseph Hartman
Nathan Hyatt
Theresa Morall Hyman
Darrell E. Iskiwitch
Harold Jacobs
Arthur B. Joseph
Marilyn Katz
Nathan Kornblum
Pauline G. Kuttan

Nettie Laiderman
Jules P. Levy
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Hessie Tamarkin

Maurice H. Tessler, D.D.S.
Marion Billee Thuner
Elaine Towerman
Blanche Meyer Turner
Jacob Weil
Hyman C. Weisman
Dorothy R. Yedlin

12/10/23 – 12/16/23

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Jack Bierman
Louis H. Coffin
Anna Cohen
William Cohen
Martha Herrmann Cornfeld
Sylvia Eckert
Sharon B. Eichaker

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Dr. Lawrence P. Feigenbaum
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Annabelle Leon
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Isabelle Levy
Florence Rose Lichtenfeld
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Shirley Schreiber

Clara Goorman Segall
Fannie Shank
Martin Solomon
Ruth Weber
Robert "Bob" Wieder
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Isadore Zucker

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Marcus Bernhardt
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Ely Bornstein
Minna Brasch
Marlene S. Carl
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United Hebrew offers Perpetual Memorial plaques as a way for your loved one to be remembered

Each year on the anniversary of their death, his or her name will be read at Shabbat Services as part of the Kaddish prayer. Prior to this service, members of the family are notified of the date. In addition, the name appears in the Yom Kippur Memorial Book with all those who have been perpetually remembered.

Each plaque is engraved with the name and English date of passing and displayed on United Hebrew's Rabbi Samuel Thurman Memorial Wall.

The cost of a plaque is \$750. Questions or to order a plaque, please call 314-469-0700.



Tributes

THIS LIST REPRESENTS
TRIBUTES MADE FROM
8/1-9/30

JOAN S. ABRAMS EDUCATION FUND FOR LIFELONG LEARNING & ENRICHMENT

IN MEMORY OF:

***Stephen Cohen's father**
Candi Marton

BRASCH BUILDING MAINTENANCE FUND

IN MEMORY OF:

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Eva Ashner

Joel & Marcia Barasch

Barry & Lori Gavril

***Elene Ginsburg**

Barry & Martha Ginsburg

***Natalie Ginsburg**

Barry & Martha Ginsburg

CLERGY DISCRETIONARY FUNDS

IN APPRECIATION OF:

***Cantor Eichaker's support**

Steve & Lexie Goldsmith

***Rabbi Rosenberg's support**

Steve & Lexie Goldsmith

***Rabbi Reinhart's support**

Steve & Lexie Goldsmith

***Rabbi Rosenberg**

Candace Cohn Marton

Monday Mah Jongg Group

IN MEMORY OF:

***Stephen M. Liebowitz**

Sara Weiss

***Beverly Oppper Rosenberg**

Gloria Ruben

Barry & Ilene Schnurman

***Dolores Shaftal**

Barry & Ilene Schnurman

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***Beverly Oppper Rosenberg**

Rabbis Amy Feder & Michael

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GENERAL FUND

IN APPRECIATION OF:

***Paul & Fran Kravitz**

Joey Abeles

IN HONOR OF:

***Drew's bar mitzvah**

Judy Lazerwitz

***Barbara Soule's birthday**

Roz Gad

***Randi Velick and her
continuing enjoyment
being a member of our
congregation**

Leonard & Nancie Velick

IN MEMORY OF:

***Elsie Haber Bunsick**

Myron & Eleanor Holtzman

***Pearl Zasslow**

Myron & Eleanor Holtzman

STANLEY LAIDERMAN FUND

IN HONOR OF:

***the 50th wedding anniversary
of Stuart & Laurie Cohen**

Steve & Tammi Laiderman

IN MEMORY OF:

***Rosalie Brasch**

Steve & Tammi Laiderman

LEW & CHERYL LEVEY VOLUNTEER APPRECIATION FUND

IN HONOR OF:

***Special birthday & Speedy
recovery of Sherilyn Krell**

Lexie & Steve Goldsmith

***Lew Levey's 80th birthday**

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Arlene Caplan & Joe Tripodi

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***Noah Sanders becoming a
bar mitzvah**

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IN MEMORY OF:

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Betsy Mehlman

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***Mira Weiss**

Sara Weiss



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Carol Berkin

***Joseph Zemon**

Art & Candy Zemon

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IN HONOR OF:

***Gary Grammer's 80th birthday**

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***Elsie Bunsick**

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Sheri Schneider-Dicker

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Sharon Iken

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***Karen Beldner's 80th birthday**

Ken Deutsch

***The marriage of Tori Grosz &**

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***Tyler Lourie's bar mitzvah**

Myron & Eleanor Holtzman

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***Saline Spencer**

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HENRIETTA AND ELI SPIELBERG ISRAEL SCHOLARSHIP FOUNDATION FUND

IN HONOR OF:

***Cy Levey becoming a bar mitzvah**

Mark & Suzy Weber

***Jerry Yoffie & Mia Broome's special birthdays**

Karen, Andy, Julia, & Michael

Wasserman

IN MEMORY OF:

***Shirley Blau**

Sheila Kraizer

TOWERMAN FAMILY SCHOLARSHIP FUND

IN HONOR OF:

***Will Schachter's full and speedy recovery**

Arlene Goodman & Stan

Towerman

***Stan Towerman's speedy recovery**

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IN MEMORY OF:

***Bernard Winograd**

Arlene Goodman & Stan (z"l)

Towerman

UNITED HEBREW CEMETERY PERPETUAL CARE FUND

IN APPRECIATION OF:

***Barry Krell's dedication and commitment to United Hebrew Cemetery**

Roy Wagman

IN HONOR OF:

***the speedy recovery of Sherilyn Rubin**

Gloria Ruben

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Randi Wanko-Mayer

Additional Donations: BACKPACK BUDDIES

IN HONOR OF:

***Cori Niedenberg becoming Executive Director of United Hebrew**

Steffy Niedenberg

IN MEMORY OF:

***Daniel Goldsmith**

Steffy Niedenberg

***Sidney Levin**

Myra Ozersky

UH LIVE STREAMING

IN MEMORY OF:

***Lester M. Richman**

Andrew Richman





Thank you to UH's High Holy Day Volunteers and Participants

Sound and Technical Management: Our warmest thanks to the amazing production team behind the scenes -Art and Candy Zemon, David MacRunnel, Ross Adams, Alan Barasch, Murray Fishman, Shelli Greenblatt, Myron Holtzman, David Kaiser and Marilen Pitler.

Service Participants: We extend our thanks to the following members of our congregation who participated in the High Holy Day Services whether it was through their musical talents or reading from the bimah: Ofer Ashur, Maxwell Banashek, Sheryl Bauer, Naomi Barasch, Ben and Meredith Cherry, Alex Cohen, Sherri and Bob Daniel, Ismael Estrada, Sheryl Feldman, Brandon Fredman, Lily Gellman, Gary Grammer, Lindsay Graviett, Michael and Ivy Klein, Laura Lebedun, David Lega, Rob Levinson, Noah Lew, Bob and Valerie Parham, Rick Recht, Alex Rich, Sadie Rosenberg, Lisa Rosenstock, Brian Rubin, Maretta Shaw, Susan Silver, Payton Solomon, Zach Solomon, Nora Sprowls, Jenny Stempel, Abby Susman, Aaron and Debbie Wahl, Barry Wallis, Corey Wallis, Jayden Wallis and Linda Waniewski.

Thank you to David Cohen, Assistant Musical Director, Robert Feldman for blowing the Shofar as UH's Baal Tekiya and Ken Kulosa, cellist.

Changing of the Torah Covers during Selichot: Rachel and Bryce Beal, Murray Fishman, Nina Goldberg, Candace and Steve Marton, Brittany and Josh Miller and Sherri Schneider-Dicker,

UH Officers Participating in Kol Nidrei: Sheryl Bauer, David Kaiser, Lindsay Melnick, Arnie Sair and David Spewak

Learning Sessions: Special Thanks to Susie Berg, Michelle Hastings and Maretta Shaw for leading a Yom Kippur Moments of Meaning session.

Volunteer Greeters: Cheryl Banashek, Marcia and Joel Barasch, Lynda Baris, Sheryl Bauer, Elizabeth Freeman, David Halpern, David Kaiser, Lindsay Melnick, Rob Ormont, Bob & Valerie Parham, Arnie Sair, Carolyn Satz, David Spewak, Jim Susman, Mike Ukman, David Wallace, Corey Wallis, Suzy Weber, Larry Weinberg, Bruce Weingart and Sara Weiss

Doctor's/Nurses on Call: Kevin Blinder, Dan Cohen, Scott Lieberman, Bob Saltman and Richard Wieder

Sukkah Volunteers: Rob Levinson and Derek Rusu

High Holy Day Food Drive: Our sincere appreciation to everyone who brought food for the Harvey Kornblum Jewish Food Pantry and Backpack Buddies. We collected an enormous number of canned goods, and it is appreciated by the Pantry and the families of the Backpack Buddies program.

Transportation: Our sincere thanks to the Betty and Eugene Wolff Transportation Fund for providing valet parking.

If we left anyone off this list, we sincerely apologize.



United Hebrew Wishes to Thank the Camp UH Committees and Sponsors

Camp Directors:

Judy & Bryan Babitz and Fran & Paul Kravitz

Event Committee:

Fran Balk, Sheryl Bauer, Judy Berger, Denise & Stan Bunsick, Sherri Daniel, Shirley Gorman, Myron & Eleanor Holtzman, Rachel Katcher, Fran Kunitz, Gail Kramer, Renie Lauter, Lindsay Melnick, Marilen Pitler, Mindy Resnick, Carolyn Satz, Sheri Schneider-Dicker, Elaine Spielberg, Amanda Towerman and Linda Wallace

Honorary Committee:

Sheryl Bauer, Ed Becker, Rick & Marcy Cornfeld, Paul & Terry Plotken, Phil & Helene Frischer, Lexie & Steve Goldsmith, Steve & Tammi Laiderman, Dan & Debbie Raskas, David & Lisa Rosenstock, Steven & Sharlene Toybes, Lee & Laurie Wielansky, Leslie & Barry Yoffie

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The Babitz Financial Group

Thank you to everyone who attended and or contributed in any way to Camp UH. It would not have been such a success without the help of everyone involved.



Announcements

Congratulations Rabbi Kaplansky!

Congratulations to Rabbi Kaplansky on receiving the honorary degree of Doctor of Divinity from Eden Theological Seminary.

While presenting the degree of Doctor of Divinity from Eden Theological Seminary on behalf of the seminary, Dr. J. Clinton McCann said, " Rabbi Kaplansky has served Eden Theological Seminary for over 30 years as an Adjunct Professor in Judaic Studies and Theology. By way of his teaching and his example, Rabbi Kaplansky has given our students a deeper understanding of Judaism; he has prepared them to think and work inter-faithfully in their future ministries; and he has inspired them to pursue the *mishpat*, *tzedek*, and *shalom* - the justice, righteousness, and peace - that God wills for humankind and for the whole creation."

American Red Cross Blood Drive

November 8, 11:00 a.m.-3:00 p.m.

Be someone's hero. Give blood.

United Hebrew will proudly partner with the American Red Cross to hold a blood drive. The Red Cross has over 130 years of experience providing humanitarian aid – including more than 70 years of supplying blood to those in need. Each pint of blood we collect can help save up to three lives and will touch the lives of so many more. What a great way to make an impact on people in our community and across the country. It's not every day that we do something that has such a lifesaving impact.

To schedule an appointment, please visit redcrossblood.org and use the sponsor code: unitedhebrew



Mah Jongg Card Orders for 2024

It is time to order your 2024 Mah Jongg cards and help United Hebrew's Backpack Buddies program.

\$14 Standard size

\$15 Large print

Get your order form in the UH office.

We would appreciate your orders as early as possible.

Deadline to receive orders is January 26, 2023

All orders will be mailed to you by the National Mah Jongg League around April 1, 2024

Contact Myra Ozersky (636-386-7835) with any questions.

United Hebrew now provides bulk snacks to Hanna Woods Elementry school, through Backpack Buddies, to provide snacks to students who would not otherwise have a snack while at school.

Does Your Student Have Summer Plans?

It is time to start planning for Summer – How will you DO JEWISH? The best ways to keep and strengthen a Jewish connection is by going to a Jewish Summer Camp . . . then after your Sophomore year, head to Israel! Want to discuss your options, call the School office and speak with Lee or Laura.

United Hebrew is committed to support every high schooler in going to Israel. There are significant scholarships available to help make this a reality. Apply by January 31, 2024 for scholarship from the Henrietta & Eli Spielberg Israel Scholarship Foundation Fund.

UH also has a limited amount of funding for Jewish Overnight Summer camps through the Perry and Shirleen Mehlman Camp Scholarship Fund. Apply by January 31, 2024

Thank You

Nosh Sponsors-

- 8/18/2023- Volunteer Appreciation Shabbat, sponsored by the Lew & Cheryl Levey Volunteer Appreciation Fund
- 10/20/2023- Harvey Altman in memory of his anniversary to Carolyn Altman

Oneg Sponsors-

- 9/1/2023- Marvin Ginsberg in memory of Sandra Ruth Ginsberg
- Harvey Altman in memory of Carolyn Altman's birthday
- 10/6/2023- Stan Schwartz in honor of Flora Schwartz's 90th birthday
- Eilene & Herb Schneiderman in memory of their parents
- Nate Raymond & Allie Faver in honor of their upcoming wedding
- UH in honor of Alison Hunt being a reverse ShinShin in Israel

Thanks to the following volunteers from the kitchen of Camp UH: Dale Schwartz, Mike Ukman, Gail Kramer, Carolyn Satz, Fran Kunitz, Marilen Pitler, Barbara Meyer, Jim, Cindy, & Stephanie!

Nosh & Onegs

UH hosts a dessert oneg on the first Friday of the month when we celebrate birthday blessings and a nosh on the third Friday of the month when we celebrate anniversary blessings.

Please consider becoming a sponsor in celebration of your milestone or in honor, memory or appreciation of a loved one. The dessert oneg is \$50 and the nosh is \$100 to sponsor. 314-469-0700 or egrossberg@unitedhebrew.org.



Thank you to the following generous donors



2023 Scroll of Honor

This represents all 2023 commitments received as of 8/8/2023

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(Anonymous)
Fran Balk
Sheryl Bauer
Rick & Marcy Cornfeld
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Barry & Leslie Yoffie

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(Anonymous)
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Steve & Tammi Laiderman
Barry & Dale Sharon
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Barry & Barbara Wolkowitz

Builder/Bonim

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Murray Fishman
Irene Fox
Lois Guller
Paul & Fran Kravitz
Cheryl Lamprecht and family
Robert Rosenthal
Norman Wolff

Leader/Manhigim

(Anonymous) 2
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Andy & Diana Babitz
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The United Hebrew Scroll of Honor was established to honor and recognize individuals and families who voluntarily increase their annual commitment above and beyond the Basic Annual Commitment Level. This strengthens our ability to meet the needs of our congregants while preserving the financial health of the congregation. We invite you to consider becoming a Scroll of Honor participant or renewing your pledge by contacting United Hebrew at temple@unitedhebrew.org or 314-469-0700. Thank you for your generous support.



Our Legacy Circle is a group of members who have made a commitment to leave at least 1% of their estate to United Hebrew in their estate planning documents.

Joining the Legacy Circle does not need to be difficult. Your estate planning professional can help you make this provision.

Contact United Hebrew with any questions at temple@unitedhebrew.org

Members of the Legacy Circle include, but are not limited to the following:

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Mitch and Lynda Baris
Edward Becker
Jerry (z"l) and Rosalie (z"l) Brasch
Rick and Marcy Cornfeld
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Benjamin Mazer, Cemetery Director

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Why United Hebrew Cemetery?

- ◆ Situated on 20 acres of land in University City, the cemetery is centrally located with easy access to most city and nearby suburban population centers.
- ◆ Jewish and non-Jewish family members may be buried next to one another in all areas of the cemetery.
- ◆ Individuals and families may choose traditional burial or interment of cremated remains.
- ◆ Burial plots are available to both members and non-members of United Hebrew Congregation.

Purchasing Burial Plots

United Hebrew Cemetery has a variety of desirable gravesite locations which ensure an enduring and appropriate memorial.

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All stones are flat and level with the ground.

Traditional Family Sections

Four or more graves with one large family monument and small markers for each individual.

Individual gravesites

One marker for each individual or one marker for two people.





United Hebrew

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United Hebrew Congregation serves the Jewish community of St. Louis as a place of worship and learning with a welcoming community united in the common Judaic spirit of Reform Judaism.

Our thanks to the Laiderman Family for their generous donation to the United Hebrew Endowment Fund to help support our synagogue Bulletin.

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is in session and by appointment
(Iris - 314-852-2440)