

HaMakor

United Hebrew Congregation

High Holy Days & Fall at UH

New Faces at UH:
Meet Galit and Ophir

Artists-in-Residence:
Paper Midrash and Dan Nichols

Stars & Stripes
Shabbat in Photos

Volunteer Spotlight:
Rachel & Mindy

המקור

The Source

Sept/Oct 2026/5787

Volume 2 • Issue 1

Coming Home

A note from the communications desk

This is the season when we return—to Torah, to tradition, and to one another.

Every year, we find our way back to familiar things: the sound of the shofar, melodies we know by heart, a page of Torah waiting to be turned, the first meal in the sukkah, the joy of dancing with the Torah. And every year, we arrive a little different. We bring with us the people we've become, the things we've learned, the losses we've carried, and the moments we're grateful for.

This year, we'll explore that return through our congregational theme, *Eitz Chayim Hi*: Holding Fast to Torah. Throughout the year, we'll ask what it means to hold fast to Torah—and what it means to be held by it in return.

There are new faces to welcome, too. We're thrilled to welcome Galit Lev-Harir, our new Development Manager, to United Hebrew, and we're looking forward to getting to know Ophir, our new Shinshin, as she joins us for

the coming year. Their arrival is part of what makes a congregation feel alive: people joining us, bringing new ideas and experiences, and becoming part of the story we're building together.

There is a lot ahead. The High Holy Days will bring us together for prayer, reflection, music, memory, and celebration. We'll gather in the orchard, sit in the sukkah, study Torah, welcome new members of our community, celebrate milestones, and make room for whatever this new year has in store.

A new year is a return, but it is never quite the same return. We're glad you're here. We hope you'll join us for all that comes next.

[Jen Newmark](#)

Communication Manager



CLERGY

Brigitte S. Rosenberg Senior Rabbi
David Reinhart Associate Rabbi
Howard G. Kaplansky Rabbi Emeritus
Murray W. Hochberg Cantor Emeritus
Ronald D. Eichaker Cantor Emeritus

OFFICERS

David Kaiser President
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Greta Rosenstock Kramer Director of Congregational Music & Cantorial Soloist
Lauren Lourie Director of Early Childhood Education & Engagement
Samantha Fomera Director of Youth Education & Family Engagement
Jen Newmark Communication Manager
Galit Lev-Harir Development Manager
Mindy Woolf Membership Engagement Manager
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Jessy Pieper Operations Coordinator
Elayne Grossberg Administrative Assistant
Angie Klenke Administrative Assistant (Schools & Programming)
Esther Olson Clergy Assistant
Brian Vail Youth Group Advisor
David Cohen Assistant Musical Director
Iris DeWoskin Gift Shop Manager

United Hebrew Congregation serves the Jewish community of St. Louis as a place of worship and learning with a welcoming community united in the common Judaic spirit of Reform Judaism.

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13788 Conway Road
St. Louis, MO 63141

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Education & Program Office: (314) 434-3404
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unitedhebrew.org

SHABBATS *Services And B'Nai Mitzvahs*

Please note the changing of evening Shabbat Service times as we shift into the High Holy Days and our fall and winter Shabbat schedule.

SEPTEMBER

4 FRIDAY

Shabbat Service | 6 p.m.
Dessert Oneg | 7 p.m.

5 SATURDAY

Nitzavim-Vayeilech

Bar Mitzvah of Judah Danieli

Torah Study | 9 a.m.
Shabbat Morning Service | 10 a.m.

11 FRIDAY

Erev Rosh Hashanah Service | 7:30 p.m.

12 SATURDAY

Rosh HaShanah

RH Children's Service | 9 a.m.
RH Morning Service | 10 a.m.
K-4 High Holy Day Experience | 10 a.m.
RH in the Orchard | 1:30 p.m.

18 FRIDAY

Shabbat Nosh | 5:45 p.m.
Shabbat Service | 6:30 p.m.

19 SATURDAY

Haazinu

Torah Study | 9 a.m.
Informal Shabbat Morning Service | 10 a.m.

Torah Study Saturdays at 9 am in the Spielberg Chapel in person and on Zoom

25 FRIDAY

Mascots & Pizza in the Hut | 5:30 p.m.
Erev Sukkot Service | 6:30 p.m.

26 SATURDAY

Sukkot

Bat Mitzvah of Mazzy Barton

Torah Study | 9 a.m.
Shabbat & Sukkot Morning Service | 10 a.m.

OCTOBER

2 FRIDAY

Erev Simchat Torah, Shabbat, & Consecration | 6:30 p.m.
Dessert Oneg | 7:30 p.m.

3 SATURDAY

Simchat Torah and Sh'mini Atzeret
Yizkor

Torah Study | 9 a.m.
Simchat Torah, Shabbat, & Yizkor Service | 10 a.m.

9 FRIDAY

Shabbat @Homes - Various times and locations
Shabbat Service | 6:30 p.m.

10 SATURDAY

B'reishit

Bat Mitzvah of Campbell Flotken

Torah Study | 9 a.m.
Shabbat Morning Service | 10 a.m.

Join our Online Services: [On our website](#) [YouTube](#) or [Facebook](#)

16 FRIDAY

Tot Shabbat | 5:30 p.m.
Shabbat Nosh | 5:45 p.m.
Shabbat Service | 6:30 p.m.

17 SATURDAY

Noach

Shabbat in Action | 8 a.m.
Torah Study | 9 a.m.
UH Family Shabbat Service | 10 a.m.

23 FRIDAY

Kulanu Shabbat Service | 6:30 p.m.

24 SATURDAY

Lech L'cha

Bat Mitzvah of Molly Lew

Torah Study | 9 a.m.
Shabbat Morning Service | 10 a.m.

30 FRIDAY

Shabbat Service | 6:30 p.m.

31 SATURDAY

Vayeira

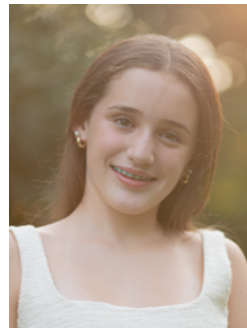
Torah Study | 9 a.m.
Informal Shabbat Morning Service | 10 a.m.



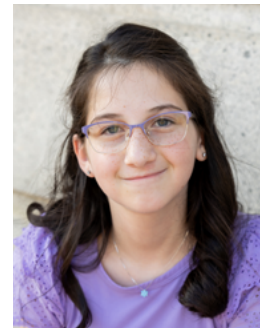
Judah Danieli



Mazzy Barton



Campbell Flotken



Molly Lew

HIGH HOLY DAYS: 5787

Welcome Home to UH

We look forward to celebrating the Holy Days with you. Rabbi Brigitte Rosenberg and Rabbi David Reinhart will be joined on the bimah by our Director of Congregational Music and Cantorial Soloist, Greta Rosenstock Kramer.

About Greta: A St. Louis native and longtime UH congregant, Greta brings years of experience as a ritual leader, choral director, and educator — including work with Lab/Shul in New York City and presentations on Jewish repertoire at state and international conferences. She previously served as Music and Drama Educator at Saul Mirowitz Jewish Community School and as Music Specialist at UH. She is completing her Master of Music in Choral Conducting at TU Dublin Conservatoire.



L–R: Greta Rosenstock Kramer, Rabbi Brigitte Rosenberg, and Rabbi David Reinhart.

Eitz Chayim Hi: Holding Fast to Torah

5787 Congregational Theme

We live in a time of uncertainty, complexity, and rapid change. Yet as Jews, we are sustained by an enduring source of wisdom: Torah.

Eitz Chayim Hi — It is a Tree of Life to those who hold fast to it. These familiar words remind us that Torah is not simply an ancient text, but the life-giving foundation of the Jewish people across time and place.

Though ancient, Torah is ever new. Each time we return to it, we discover something different—not because Torah has changed, but because we have changed.

This year, we will give Torah a special focus, exploring the beauty of the scroll itself, the sacred words within it, and the wisdom and personal insights that emerge whenever we encounter our text, our tradition, and one another.



Through worship, study, special programs, and community conversation, we will encounter Torah in new and meaningful ways: holding it in our hands, wrestling with its teachings, celebrating its wisdom, and allowing it to shape who we are becoming.

For generations, the Jewish people have held fast to Torah. Yet perhaps the

greater truth is this: while we hold Torah, Torah also holds us. It roots us in history, steadies us through uncertainty, inspires lives of meaning and purpose, and connects us to those who came before and those who will follow. May this be a year in which we hold Torah ever more closely, and in doing so, discover that it has been holding us all along.

HIGH HOLY DAYS: Special Events

Rosh Hashanah Day 1

Saturday, September 12

Rosh Hashanah in the Orchard

1:30–4 p.m.

[Register Online for RH in the Orchard](#)

Rosh Hashanah in the Orchard

Celebrate Rosh Hashanah with an afternoon of apple picking in the orchard!

This year, we're meeting at Centennial Farms, 199 Jackson St., in Augusta. Enjoy a variety of family-friendly activities, including singing, a playground, a mini petting zoo, and food trucks. Bring a picnic lunch and join us for a festive sing-along at 2 p.m.

Reservations are required by September 1. [Register online](#) or email [Mindy Woolf](#). Non-members are welcome! United Hebrew will cover the cost of admission. Guests may purchase apples at their own expense.

Yom Kippur Day

Monday, September 21

Moments of Meaning

1:30–4 p.m.

[Find more info online.](#)

Yom Kippur Day – Moments of Meaning

In between the Yom Kippur Morning and Early Memorial Service and the Afternoon, Memorial, and Neilah services, we have a series of offerings available to assist in reflection.

“The Secret to a Meaningful Life” Discussion with Susie Berg | 1:30–2:15 p.m.

Singing Bowls with Maretta Shaw | 2–2:30 p.m.

Sermon Reflection & Extension with the Clergy | 2:45–3:30 p.m.

Eitz Chaim Discussion with Michelle Hastings | 3:15–4 p.m.

United Hebrew's High Holy Day Appeal

How to contribute to the appeal:

by Check – mail to:

United Hebrew Congregation

13788 Conway Road

St. Louis, MO 63141

[Watch the Appeal Playlist](#)



[Give to the Appeal here.](#)

What Brings You Back?

Every year, something brings us back — the shofar's call, familiar melodies, the embrace of friends, or a quiet moment of reflection. Whatever it is, thank you for coming home.

United Hebrew is more than a building. It's a community strengthened by everyone who invests in it — through worship, learning, celebration, and care for one another.

Membership covers about 59% of what it takes to sustain all we offer. The High Holy Day Appeal fills the rest, keeping United Hebrew a place people return to, year after year.

Whether your gift is \$18, \$180, \$1,800, or more, what matters most is that you participate. Every gift says: this community matters.

Join us in this work — give to the High Holy Day Appeal today.

HIGH HOLY DAYS: Special Events

Selichot Weekend

Friday, September 4

Shabbat Service | 6 p.m.

Dessert Oneg | 7 p.m.

Selichot with Paper Midrash

Saturday, September 5

Selichot with Knives | 7 p.m.

Selichot Service | 9 p.m.

Paper Midrash at Religious School

Sunday, September 6

Paper Midrash for B'Mitzvah
for 6th and 7th grades | 10:30 a.m.

Street Art Prophecy workshop
for 8th–12th graders | 1:30 p.m.

[Register Online for Paper Midrash](#)

Selichot with Paper Midrash

About Paper Midrash

Husband and wife “dynamic duo” Isaac and Rabbi Shawna Brynjegard-Bialik create new pathways into Torah, combining deep Jewish scholarship with comic books and pop culture for a unique take on traditional texts. They are the perfect fit for a community that wants to engage with Torah personally and deeply, with dynamic visual presentations and engaging hands-on workshops. They met at Jewish camp in high school, and have three children.

Isaac Brynjegard-Bialik cuts up comic books and reassembles them into papercuts that explore the stories of the Jewish people, connecting popular culture with sacred texts. He has shown his papercuts in galleries across the globe, and has commissions in museums, synagogues, hospitals, and private collections. Isaac regularly speaks and writes about the intersection of art and



Judaism, and is on the Executive Board of Jewish Artists Initiative, committed to fostering visual art by Jewish artists and promoting dialogue about Jewish identity and related issues. His work is frequently featured in print and online, including recent articles in The Forward, The L.A. Weekly, Cleveland Jewish News, and KCET's "Artbound" series.

Rabbi Shawna Brynjegard-Bialik adapts traditional Jewish concepts to a modern Reform context, and brings that synergy to students of all ages. She is an engaging teacher of Torah, bringing text to life with her unique, modern

perspective. She received a Master of Hebrew Letters in 1998 from Hebrew Union College-Jewish Institute of Religion in Cincinnati, and was ordained in 2002 as a member of HUC-JIR's first Los Angeles class. Shawna is adjunct faculty in the Rhea Hirsch School of Education at Hebrew Union College-Jewish Institute of Religion's Los Angeles campus, and is adjunct rabbi at Congregation Or Ami in Calabasas, California. Before starting Paper Midrash she served as an Associate Rabbi at a Southern California congregation for 15 years. Shawna has been a member of the faculty of URJ Camp Newman since 2008 and was Porter Creek Site Director in the summer of 2019. *This residency is made possible through funds from the Ruzena and Fred Levy Speaker Fund.*



HIGH HOLY DA

Dan Nichols at UH

Saturday, September 26

A Sukkot Celebration Honoring
Rabbi Rosenberg, with Dan Nichols
6–7:30 p.m.

S'mores and Singing in the Sukkah
7:30–9 p.m.

Join us for a special dinner celebrating Rabbi Brigitte Rosenberg's honorary Doctor of Divinity, awarded in recognition of her 25 years as a rabbi!

We'll also welcome back artist-in-residence Dan Nichols for an evening of music and celebration. Dinner is \$36 per person (menu to be announced). You're also invited to send Rabbi Rosenberg a special congratulatory message for \$36 — it will be displayed on screen during the dinner.

After dinner, stick around for s'mores and a sing-along in the UH sukkah!

[Register for the Celebration](#)

[Make a Tribute](#)

[Register for S'mores and Singing](#)

Sukkot with Dan Nichols

About Dan

Dan is a product of the URJ Jewish camping movement. He has toured Jewish summer camps across North America for the last 25 years. A classically trained singer, Dan received his Bachelor of Music degree in vocal performance at the University of North Carolina. In 1995, realizing the potential of music to make powerful connections with Jewish youth, Dan established the Jewish rock band Eighteen. Since that time, Dan and Eighteen have released 13 albums. Songs like, L'takein, B'tzelem Elohim, Kehillah Kedoshah, Chazak, Sweet As Honey, and Asher Yatzar have become Jewish communal anthems throughout North America.

Dan has toured over 190 days for the last 20+ years, where he often serves as artist-in-residence and teacher for congregations and camp communities. He has served on the faculty of Hava Nashira since 2001. In 2009 he co-founded Shulhouse Rock, a songleading



workshop for Jewish high-school students. He has performed live in Israel at the historic fortress of Masada and in the studio for the groundbreaking XM Radio presentation of Radio Hanukkah.

Dan created the Road to Eden Deep South Sukkot Tour to bring the message of Sukkot to communities

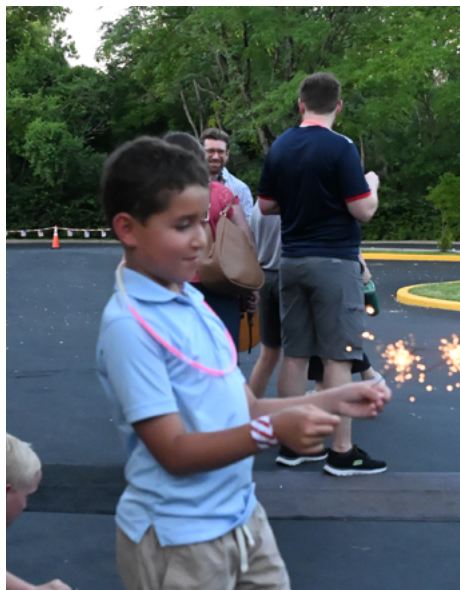


in the southern United States, where he and his band played 11 shows in 10 days. Their experiences are captured in the documentary film, Road to Eden. In addition to these highlights, Dan has been featured at conferences and conventions of nearly every major Jewish movement, including the URJ Biennial, NFTY Convention, BBYO International, Limmud and the Wexner Heritage Program. *Dan's musical residency is made possible through funds from the Helen C. Millstone Music Fund.*



JULY 3 STARS & STRIPES SHABBAT

Thank you to everyone who made our Stars & Stripes Shabbat a success!
We had the party of the semiquincentennial!



Red, White,

SEMIQUINCENTENNIAL CELEBRATION



Red, White, & Jewish

MAZALS, TODAHS, & WELCOMES

Mazals

Mazal tov to Andy Babitz, pictured to the right. He was recognized by Forbes as a 2026 Best-in State Top Financial Security Professional in Missouri, ranking No. 20 in the state. Andy is the co-founder and wealth management advisor with the Babitz Financial Group.



Mazal tov to Paige and Matthew Bernstein on the birth of their daughter Abigail.

Mazal tov to Sue & Dave Halpern on the marriage of their son Bradley to Janine May.

Mazal tov to Marla May on the engagement of her daughter, Gracie May, to Edward Winkle.

Mazal tov to Sheri Schneider-Dicker on the marriage of her daughter, Natalie Dicker, to Justin Krachmalnick.

Mazal tov to Beth Feldman on the marriage of her daughter, Mia Feldman, to Alex Lefton.

Mazal tov to Josh Rudman, son of Karen & Doug Rudman, on his new position as Assistant Director at KU Hillel.

Mazal tov to Gwynn (Don-z"l) on the bar mitzvah of their grandson Mason Robert Giesing.

Maccabi Mazals

Mazal tov to Ari Lourie, son of Simcha & Michael Lourie, a member of the Maccabi USA U15 Soccer team, who is representing Team USA at the 2026 Maccabiah Games.

Mazal Tov to Judd Levy, a sophomore at Parkway Central, on bringing home a bronze medal from Maccabi 17U baseball! Judd is the son of Rich Levy and Amy Bender-Levy.

Mazal tov to Corey Woolf, son of Mindy Woolf, United Hebrew's Membership Engagement Manager! Corey is a senior at Whitfield and recently helped bring home a bronze medal in 17U baseball at Maccabi!

Mazal Tov to Cy Levey, who helped his team bring home the first gold medal for the 17U boys basketball team! Cy is a sophomore at John Burroughs and the son of Josh Levey and Dr. Gretchen Levey, and grandson of Lewis and Cheryl Levey.

Mazal tov to Peyton Solomon for bringing home the silver with her team in Toronto! Peyton is a junior at Parkway West and the daughter of Gary Solomon.

Mazal Tov and Kol HaKavod to Steve Guller for his incredible dedication to Maccabi and for his work as assistant basketball coach to the 15U St. Louis Boys Maccabi Basketball team!

Todahs

Todah to our Shabbat sponsors!

Oneg Sponsors: August 7th:

Skobin & Stempel Families in honor of Alan & Romi Skobin's Anniversary
Sandy & Susan Becker in honor of Sandy's 85th birthday

Styer family in memory of our mom & Bubbie, Linnie Neeter

Nosh: July 17th

Gloria Ruben in memory of Michael Ruben

Thank you to our Stars & Stripes Volunteers:

Sheryl Bauer
Dale Schwartz
Mike Ukman
Lexie Goldsmith

Thank you to all our bakers:

Gail Kramer
Eileen Schneiderman
Susan Keyes
Linda Wallace

Welcome!

Welcome to our New Members:

Matt & Paige Bernstein
Dan, Kristin, Ethan, Eli & Ava Firestone
Glen, Amy & Matthew House
Sam, Layla, Leo & Eliza Levine
Eleanor Zlepper
Jack, Whitney & Clayton Lee
Madison Zehmer

VOLUNTEER SPOTLIGHT

A Breath of Fresh Air: Meet Two Dynamic United Hebrew Volunteers

Mindy Resnick and Rachel Katcher bring energy, creativity, and warmth to United Hebrew. Through their leadership and volunteer service, they help strengthen the welcoming community that makes UH feel like home.

Mindy Resnick

Mindy balances her career as a middle school English Language Arts teacher with her third year on the United Hebrew Board of Directors. She is also a familiar and enthusiastic presence during Shabbat services.

Over the years, Mindy has volunteered with Purim Bingo, the Broadway Tunes Women's Seder, the Tribute Book Committee, holiday programs, cooking classes, and Purim basket deliveries. She also co-chaired the Stars and Stripes July 3rd Shabbat Celebration with Rachel.

Mindy's connection to United Hebrew is deeply personal. She grew up in the community, and her daughter, Shae, represents the fifth generation of her family at UH. Volunteering is one of the ways she gives back to the community that has always been part of her life.

Rachel Katcher

Rachel became involved with United Hebrew after enrolling her children in the UH Preschool. That connection grew into a close friendship with Mindy and a lasting commitment to the community.

"UH is our home."

Rachel Katcher

Rachel has volunteered with Camp UH, the Purim Carnival, family events, and the Stars and Stripes July 3rd Shabbat Celebration. She served on the Education and Engagement Board from 2020 to 2025 and chaired it from 2023 to 2025. She has also opened her home as a gathering place for UH parents and families.

Rachel first came to United Hebrew through her husband's family connection, but she stayed because she found a place where her family felt welcomed, supported, and at home.

Building Community Together

Mindy and Rachel do more than volunteer—they create connections and encourage others to become involved. Their friendship, leadership, and enthusiasm reflect the very best of United Hebrew.



Rachel Katcher, L, and Mindy Resnick, R

United Hebrew is fortunate to have these two dynamic women sharing their time, talents, friendship, and enthusiasm with our community. We are grateful for all they do and for the warmth they bring to our community. Their energy is contagious, their commitment is inspiring, and their message is clear:

There is a place for everyone at United Hebrew—and they can't wait to welcome you home.

The Spotlight is brought to you by the Volunteer Recognition Committee. If you have a suggestion for a volunteer to spotlight, please contact [Mindy Woolf](#).

CONNECTING

Creative Connections

Find your people at UH. Creative Connections are small interest groups built around shared interests, activities and conversation. Have an idea for a new group? [Email Mindy Woolf](#) with your suggestions. Watch our Sunday eblasts for current programming.

United Women Connect (age 45–65):
Contact [Dipali House](#)

Ready for Retirement?

Join the Men's Group. Men, let's come together to focus on finances, fun, food, and new friendships:
[Craig Bleyer](#), (314) 402-5103.

UH Prime Timers:

For all active single seniors who are UH members, contact [Judy Berger](#), (314) 374-5199; [Marilen Pitler](#), (314) 225-9723; or [Sara Weiss](#) at (314) 971-4291

Our Men's Group, enjoying a Pool Party get together last month.



Our Regular Programming

Check our online calendar for the most current dates.

Mahj Mondays

First and Third Mondays at 6:30 p.m. in the Kaplansky Center. *Please note, there is no Mahj Mondays in September due to the High Holy Days.*

Do you “Mahj?” Can you crack, bam, and dot? Find more info on dates and other Mahj [details here](#). Registration required.

New to Mahjong? No problem! Join us for a mini crash course from 6–6:20 p.m. on October 5 and November 2 to learn the basics before play begins. [Email Mindy](#) to get set for these mini sessions.

A Stitch and a Prayer

Tuesdays at 1 p.m. | Kaplansky Center

Join Stitch and a Prayer to knit or crochet Blessing Blankets for UH members in need of healing and warm scarves for clients at the Harvey Kornblum Jewish Food Pantry. From beginner to pro, everyone is welcome. For more information, contact [the office](#) at (314) 469-0700.

JUST ADDED! Stroll & Schmooze!

2nd & 4th Wednesdays of the month at 9 a.m. | starting September 16

Fall is coming, and cooler temps mean it's the perfect time to get outside and get moving! Come join us for a casual walk, some good conversation, and a chance to meet up with friends and make new ones. No pressure, no fancy workout—just a nice stroll and a little schmoozing! Email [Mindy](#) with questions.

Whiskey & Wisdom with Rabbi Reinhart

One Wednesday a month in the Kaplansky Center. Check the calendar for details and to register.

Come for the whiskey; stay for the Torah! Or the other way around. Either way, we'll do a little bit of learning, enjoy some good whiskey, and, most importantly, meet new people and be in community!

Amateurs of the Great Assembly (AGA)

Thursdays at 11 a.m. in the Spielberg Chapel

This weekly round table discusses topics of Jewish content and thought. The current topic is “The Beginnings of Judaism” by Professor Gafni. For further information, please contact [Esther Olson](#).

The Susan Kaplansky Book Club

First Thursdays at 1:30 p.m. in the Spielberg Chapel

Join us for just one session if you like a particular book or come to all the sessions. Email [Angie Klenke](#) to register. View all the books for 2026–2027 [on our website](#).

NEW FACES AT UH

Welcome, Galit!

Galit Lev-Harir is excited to join United Hebrew as our new Development Manager! Galit has over 20 years of experience with government healthcare proposals, including 17 years as a Vice President at OptumHealth, a subsidiary of UnitedHealth Group. Additionally, Galit has extensive experience as a volunteer in the St. Louis Jewish community. She is the co-President of St. Louis Friends of Israel (SLFI), and has served on the Board of Women's Philanthropy at the St. Louis Jewish Federation; as a Council Member of the Jewish Community Relations Council (JCRC); as a Council Member of the Israeli-American Council (IAC); and as the Treasurer of Shevet Keshet, Friends of Israel Scouts - Tzofim. Galit and her husband, Elie Harir, reside in Wildwood and have three children: Eden (30); Amit (26); and Liam (23).



Galit Lev-Harir

Meet Ophir, our New ShinShin

Shalom! My name is Ophir and I'm very excited to be one of the next Shinshinim in St. Louis! I live in Herzilya, very near Tel Aviv, not so far from the beach which I go to all the time! I have an older sister and a younger brother and we also have two adorable cats, Lily and Sasha.

Beside my very busy schedule at school I also volunteer at the Israeli Scouts (Tzofim in Hebrew). I have been a part of this youth movement since 4th grade. I am currently finishing my role as a main coordinator. I've learned how to be a leader and most importantly, I made so many friends.

I love going to Pilates, which I go to at least once a week. I can't wait to meet you all very soon! I'm very excited to work and share about Israel and my traditions.

The Shinshinim are Israeli teen emissaries who recently graduated high school and spend a year volunteering in Jewish communities abroad before beginning their military service. They build meaningful, lifelong relationships with host families and community members, foster a deeper understanding of Israel and its culture, and strengthen our shared connection to the Jewish homeland.

The Shinshinim program is a partnership between the Jewish Federation of St. Louis, the Jewish Agency for Israel, and local Jewish organizations with the support of the Lubin Green Foundation.



Ophir, our new Shinshin

Volunteers in Action!



Call For Volunteers

UH runs on the power of its people. There are so many ways to give at United Hebrew, and giving your time is one of the most important. United Hebrew offers many ways to participate in our community and help make it the vibrant and warm congregation that it is. From Tzedek Team to Membership, from Facility to Fundraising, from Preschool to general office work, we've got a spot for you to contribute your expertise, talents, and energy. Take a look at some of those ways to contribute your time [on our website.](#)

TRIBUTES

FUND FOR LIFELONG LEARNING & ENRICHMENT

in honor of:

***Paige Bernstein** completing her conversion

Gloria Ruben & Family

***Reva Davis**

Adrienne Hoffman

in memory of:

***Floryne Marks**

Mike, Susie, Jon, Stacy & Ken Hearst

CLERGY DISCRETIONARY FUNDS

in appreciation of:

***Rabbi Brigitte Rosenberg** for the wedding of

Natalie Dicker & Justin Krachmalnick

Sheri Schneider-Dicker

Sandford & Sandra Krachmalnick

***Rabbi David Reinhart**

Robert & Nancy Richman

Ron & Terry Seigel

***Rabbi Brigitte Rosenberg**

Ali & Joe Babitz

Lutheran High School

Ron & Terry Seigel

David & Stacy Rolfe

in honor of:

***Myra Glazer's 90th birthday**

Mark & Suzy Weber

***Rabbi Rosenberg**

Mark & Michele Dinman

Phil & Gail Kramer

Ted & Sheila Kraizer

Elaine Spielberg

in memory of:

***Lorraine Franzel**

Steve & Dee Mintz

***Rick Mariam**

Judy & Julie Duneman

RICK & MARCY CORNFELD POST-CONFIRMATION ISRAEL TRIP FUND

in appreciation of:

***Cantor Ronald Eichaker**

Rich & Cathy Wieder

***Rabbi Howard Kaplansky**

Rich & Cathy Wieder

***Sari Levy**

Steve & Lexie Goldsmith

in memory of:

***Joyce Berger**

Michael & Teri Rosenblum

***Fran Cohen**

***Myra Weiss**

Lonnie & Susan Grosman

***Eleanor R. Kaiser**

David & Sharon Kaiser

***Estelle Wieder**

Mark & Michele Dinman

Susan Feignbaum & Jay Pepose

Sheldon & Laurie Naar

David & Dorothy Vaughn

speedy recovery of:

***Cathy Wieder**

Rick & Marcy Cornfeld

ADA & FRANK FRIEDMAN YOUTH GROUP FUND

in memory of:

***Toby Keane**

Suzy Elkins

GENERAL FUND

in appreciation of:

***United Hebrew**

Sharyn Essman

The Mah Jongg & Rummy

Q Women

Norman & Linda Shore

in honor of:

***A special birthday**

Cathy & Randy Arst

***Myron & Eleanor Holtzman's**

granddaughter Ally Peebles marriage

Fran Kunitz

***Birthday of Barbara Soule**

Rae Weinhaus

in memory of:

***Richard Aach**

Merlin & Harriet Lickhalter

***Joyce Berger**

Laurie Copeland

Hannah Tenenbaum

***Ileane Fagin**

Paul Azzaretto

Beth Magden

***Lorraine Franzel**

Joan A. Fiala

Beatrice Franzel

Mark Herman

Ilene Spevack

Gary & Sheri Wilson

***Stephen Liebowitz**

Sara Weiss

***Arlene Peterson**

Barry & Paula Greenberg

***Steven Schneiderman**

Joe & Barbara Kennington

Rita & Barry Worth

***Frank "Skip" Spielberg**

Art & Candy Zemon

***Alan Strauss**

Joanne Guller

***Joseph Weiss**

Sara Weiss

JABLON YOUTH FUND

in honor of:

***Carol Berkin's grandson Asher's** graduation

***Roberta Goran & Sheldon Novack-** for Kaia's high school graduation

Suzy Elkins

***Ileane Fagin**

***Dorothy Maer**

Paul Steinberg

LEW & CHERYL LEVEY VOLUNTEER APPRECIATION FUND

in honor of:

***Natalie Dicker & Justin** Krachmalnick's marriage

Lew & Cheryl Levey

***Rabbi Rosenberg's 25th**

Rabbinical Anniversary

Sheila & Ted Kraizer

in memory of:

***Steven M. Smith**

Barry & Paula Greenberg

Sheri Schneider-Dicker

PERRY & SHIRLEEN MEHLMAN CAMP SCHOLARSHIP FUND

in honor of:

***Amelia May** becoming a Bat Mitzvah

Suzy & Mark Weber

***Madelyn Perlberg** becoming a Bat Mitzvah

Suzy & Mark Weber

TRIBUTES

MEMORIAL FUND

in memory of:

***Shelly Bain**

Jeff Sirkin

***Fannie Barnholtz**

Sandy & Elaine Melnick

***Joyce Berger**

Steve & Shari Raskin

***Howard B Bodker**

Jan Boraz

***Marcella & Marvin Brimer**

Ed & Sheri Brimer

***JoAnn Chelist**

Marty & Merle Oberman

***Phyllis Cohen**

Judy Block
Randie Miller

***Sylvia Covitz**

Elliot & Risa Enger

***Joseph O. Cremer**

Barry & Barbara Wolkowitz

***Gertrude Sarah Edwards**

Sharon Edwards

***Rolla Eisman**

Jerry & Carla Rosen

***Doris Ellis**

Scott & Carol Ellis

***Lottie Ellis**

Scott & Carol Ellis

***Ileane Fagin**

The Dielman Family

***Gertrude Feldman**

Charlie & Sheryl Feldman

***Jeanette Fishman**

Francine Pappageorge

***Lorraine "Lorry" Franzel**

Shirlene Baris
Joan Fiala
Robert & Roberta Herman
Marlene Rosengarten

***Isadore Friedman**

Beverly Friedman

***Gertrude Garber**

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***Morris L. Gitlin**

Jules & Michele Gitlin

***Della Glass**

Sandy & Susan Becker

***Mort Golder**

Bev Golder

***Joseph Goldstein**

Michael & Ilene Goldstein

***Sara Goldstein**

Michael & Ilene Goldstein

***Jerome Grossman**

Sandy & Elaine Melnick

***Ruth Rubenstein Hacker**

Lynn Hamilton

***Herb Jagust**

Adele Jagust

***Sara Kaiser**

David & Sharon Kaiser

***Sam Kleg**

Myron & Roberta Sander

***Henry & Shirley Kraus**

Gail Kraus

***Faye & Adolph Kusmer**

Linda Kusmer

***Edna Lander**

Jerrold & Harriet Lander

***Sherwin Malt**

Rose Malt

***Perry Mamroth**

Florine Mamroth

***Sarah Marcus**

Bernice Marcus

***Richard Mariam**

Adele Jagust
Phil & Gail Kramer
Lois Mariam

***Floryne Marks**

Ron & Terry Seigel

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Greg & Gwenn Nickl

***Charles "Chuck" Miller**

Judy Block
Randie Miller

***Wayne Neidenberg**

Cori Neidenberg

***Jack Nieman**

Joseph Rechter

***Marvin Nissenbaum**

Steven & Donna Broderson

***Helen Siegel Novack**

Bruce & Phyllis Gardner

***Sam & Shirley Oberman**

Marty & Merle Oberman

***Andrea Richman**

Robert & Nancy Richman

***Isadore B Rosen**

***Marjorie Ann Rosen**

Francine Heiken

***Patricia Rosen**

Jerry & Carla Rosen

***Dorothy Rosenblatt**

Bev Friedman

***Ruth Rubin**

Don & Barbara Rubin

***Walter Salsman**

David & Suzanne Shoub

***Rose Sanders**

Lorraine Laiderman

***Toba Sanders**

Lorraine Laiderman

***Robert, Henrietta, & Tom Schlesinger**

Merry Taylor

***Rose Schneider**

Thelma Peskind

***Steven Schneiderman**

Myron & Eleanor Holtzman
Barry & Carole Thaw

***Joseph W. Shapiro**

Alan & Iris DeWoskin

***James Sherman**

Stephen & Susan Sherman

***Mayne H. Siegel**

Bruce & Phyllis Gardner

***Dr. Nathan M Simon**

Barbara Simon

***Harry Sorin**

Neal & Tamara Kolchinsky

***Jack Spewak**

Bob & Nancy Spewak
David & Bridget Spewak

***Daniel Spielberg**

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***Herman M. Stern**

Robert & Barbara Dorman

***Sidney Stone**

Michael & Linda Wolfson

***Seva Kretchmar Twin**

Nan Twin

***Paul Weinberg**

Florence Weinberg

***Paula Jay Weintraub**

Stephen & Ellen Katz

***Burton M Wenneker**

Robin Chudacoff

***Estelle Wieder**

Gerald & Judith Zafft

***Harold Yalem**

Ellyn Hloben

***Lillian Aron Zoldan**

Sandra Super

TRIBUTES

MESSING FAMILY RABBINIC CHAIR FUND

in honor of:

*Rabbi Brigitte Rosenberg

Rick & Marcy Cornfeld
Arlene Goodman
Susan Keyes
Marty & Merle Oberman
Suzanne Sincoff
Bob & Nancy Spewak

HELEN C. MILLSTONE MUSIC FUND

in honor of:

*Greta Rosenstock Kramer

Arlene Goodman

MAX AND IDA ORENSTEIN SAFETY & SECURITY FUND

in memory of:

*Dave Goodman

Sharon Iken

*Linnie Neeter

*Stephen Schurr

*Alan J. Strauss

Marilen Pitler

SAUL SPIELBERG EARLY CHILDHOOD CENTER FUND

in honor of:

*Judah Danieli becoming a bar mitzvah

Suzy & Mark Weber

*The birth of Graham Thomas Pieper

Steve & Lexie Goldsmith
David & Sharon Kaiser

*Dylan Podolsky on becoming a bar mitzvah

Suzy & Mark Weber

in memory of:

*Sid Gold

Mark & Linda Mallen

*John Graas

Ricky & Dani Dicker

*Eugene Goldstein

*James Koltun

*Ruben Koltun

Eric & Michelle Goldstein

*Dee Schonbrun

Phil & Gail Kramer

*Anita Mallen

Mark & Linda Mallen

*Helene Siegel

Arnie & Roz Levin

*Frank "Skip" Spielberg

Stacy Abeles and Family
Ellaine Balber
Maddie & Andy Bassman
Barbara Becker
Trish Coleman
Rick & Marcy Cornfeld
Brent & Margit Craig
Matthew & Farolyn Demars
Alan & Iris DeWoskin
Dominoes Group
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Jonathan & Megan Flom
Joette Fullerton
David & Susie Gitt
Norman & Patricia Gold
Steve & Lexie Goldsmith
Barry & Paula Greenberg
Michael & Wendy Harris
Sarah Henry
Robin & Hugh Hoffman
Myron & Eleanor Holtzman
Kyle & Lauren Kerner
Fran Kunitz
Stephen & Carol Latz
Arnold & Roslyn Levin
Steve & Ellen Lourie
David & Linda Marcus
Carol Margolis
Larry & Sue Ellen Maneson
Steve & Julie Mathes
Joseph & Stacy McNew
Jeffrey & Daniela Medintz
Michael & Laura Minkus
Marty & Merle Oberman
Wally & Marcia Pankowski
Robert & Christy Pratzel
Susan Rich
Gloria Ruben
Harvey & Marlene Sachs
Joel & Francine Schraier
David & Barbara Schuver
Stuart & Marcia Shanker
Barry & Dale Sharon
Bob & NJ Sterneck
Bonnie Tilson
Jim & Aileen Tucker
Linda Wallace
Mark & Suzy Weber
Sara Weiss
Eleanor Wolff
Peggy Yanover
Barry & Leslie Yoffie

for the speedy recovery of:

*Susan Frank

Elaine Spielberg

HENRIETTA AND ELI SPIELBERG ISRAEL SCHOLARSHIP FOUNDATION FUND

in memory of:

*Frank "Skip" Spielberg

Alan & Shirley Gorman
Denise Handler

THANKSLIVING FUND

in honor of:

*Barry & Sherilyn Krell's Anniversary

*Joel Kittredge's birthday

*Barry Krell's birthday

*Sherilyn Krell's birthday

*Leslie Kittredge's birthday

TOWERMAN FAMILY SCHOLARSHIP FUND

in memory of:

*Rosalyn Levy

Barb Towerman

*Steven Schurr

Arlene Goodman

in honor of:

*David Cohen

Arlene Goodman

BETTY & EUGENE WOLFF TRANSPORTATION FUND

in memory of:

*Regina Frederick

Charlotte Rosenblum

*Emanuel Jackoway

*Michael Jackoway

*Sadye Johnson

Stan & Arlene Citerman

*Irving G. Soll

Marsha Kunin

UNITED HEBREW KITCHEN:

in honor of:

*Craig & Susan Silver's Anniversary

Sheryl Bauer

CEMETERY "REMEMBER THEIR NAMES" PROJECT:

in memory of:

*Audrey Wolkowitz

Pam Wolkowitz

TRIBUTES

UNITED HEBREW CEMETERY PERPETUAL CARE FUND

in memory of:

*Robert Allison

Susan Allison

* Marvin & Sylvia Bierman

Phil Bierman & Mary Wampler

*Dr. Benje Boonschaft

Joyce Boonschaft

*William Goldenberg

Howard & Joan Goldenberg

*Lillian Goldstein

Susan Epstein

*Belle Kuenstler

Diane Kuenstler

*Arthur Loomstein

Kay Loomstein

*Nancy Rennard

Howard & Joan Goldenberg

*Max Ruben

Gloria Ruben

*Michael Ruben

Gloria Ruben

*Barbara Scheinberg

Barry & Ilene Schnurman

*Michael Schnurman

Barry & Ilene Schnurman

*Dr. Robert M. Senior

Martha Senior

*Morton Silverstein

Susan Allison

*Saedee Solomon

Donald Solomon

*Harold P. Yalem

Richard & Lori Yalem

*Ben Yanow

Seymour & Janet Krout

in honor of:

*Barry Krell's 80th birthday

Hetty Bers

MICHAEL & LOIS WINTHROP RELIGIOUS SCHOOL FUND

in memory of:

*Jeanette E. Fishman

Francine Pappageorge

in honor of:

*Mazzy Barton becoming

a Bat Mitzvah

Suzy & Mark Weber

additional donations:

BACKPACK BUDDIES

in memory of:

*Steve Schurr

*Alan Strauss

Jim & Abby Susman

in honor of:

*Craig & Susan Silver's Anniversary

Jim & Abby Susman

**Thank you for
choosing to make
a gift to support
United Hebrew.**

**Your contribution
strengthens our
congregation and
helps build a future
where Jewish life
and Jewish values
continue to thrive for
generations to come.**

Endowment Funds for Tribute Donations

Interested in making a tribute donation, but don't know which fund to pick? United Hebrew Congregation's endowment funds provide lasting support for worship, learning, and community life. Each fund reflects the generosity of those who have chosen to strengthen our congregation for generations to come. The full list of [endowment funds](#) is on our website with descriptions. To make a tribute donation, contact the [main office](#).

Creating an Endowment

Endowments can be established outright during your lifetime or created through a planned gift in your estate plans. You may also choose to designate your endowment as a memorial or tribute to a loved one, ensuring their memory and values are carried forward through the life of our congregation. Contact [Galit](#) for more information on creating an endowment fund.

Dessert Oneg & Shabbat Nosh

In honor of your birthday, anniversary, special event, or just because, consider sponsoring a Dessert Oneg or Shabbat Nosh! Make a donation (\$50 for an oneg or \$100 for a nosh) to United Hebrew and receive recognition during our oneg on the 1st Friday of the month or our nosh on the 3rd Friday of the month. To contribute, call the office at (314) 469-0700 or email [Elayne Grossberg](#).

CONDOLENCES

The Congregation extends its sincere condolences to the families of the following:

Condolences are listed for members and their immediate relatives.

Only immediate relatives of the deceased who are members are listed.

Notification of Illness, Surgery & Hospital Visits

Due to HIPAA laws, United Hebrew cannot gain access to patient information from local hospitals. We rely on word of mouth from family members and other congregants to make clergy visits. If you know someone in the hospital or desiring a visit from a clergy member, please contact us at (314) 469-0700. Once received, the information will be shared with the clergy.

JOYCE BERGER

SHIRLEY HELLER BROWN

Sister of Beryl (Warren) Davis

LYNN COLE

Sister of Paul (Barbara) Melnik

REGINA FREDERICK

Mother of Scott (Julie) Frederick

CHARNEY GOLDMAN

Mother of Robin (Dana) Netherton

TOBY KEANE

Mother of Melissa (David) Wallace

FLORENCE "FLO" KOOTMAN

Mother of Karen (Bill) Bender

Grandmother of Kevin (Jill) Bender

MARILYN MANNE

Mother of Norman (Carol) Newmark

LINNIE JEAN NEETER

Mother of Jessica (Terry) Styers

STUART ROSENBERG

Father of Laura (Ben) Wildman

DR. STEVEN SCHNEIDERMAN

Brother of Herb (Eilene)

Schneiderman

STEVEN SCHURR

Brother of Lisa (David) Rosenstock

NORMAN SOLOMON

Stepfather of Gary Solomon

Grandfather of Zachary

& Peyton Solomon

FRANK "SKIP" SPIELBERG

Husband of Elaine Spielberg

Father of Tony (Lauren) Spielberg

CAROLYN SUFFIAN

Sister-in-Law of Leonard Goldberg

Sister-in-Law of Nan Suffian

NORMAN WOLFF



Remember Your Loved Ones With Perpetual Memorial Plaques

Each year on the anniversary of their death, their name will be read at Shabbat Services as part of the Kaddish prayer. Prior to this service, members of the family are notified of the date. In addition, the name appears in the Yom Kippur Memorial Book with all those who have been perpetually remembered. Each plaque is engraved with the name and English date of passing and displayed on United Hebrew's Rabbi Samuel Thurman Memorial Wall. Each plaque is \$750. To order a plaque, please call the office at (314) 469-0700.

PERPETUAL MEMORIALS

8/30/26 – 9/5/26

READ ON 9/4

Daniel Averbuch
Eleanor Baris
Regina Berk
Rosalie Brasch
Lena Bronson
Leonard E. Cohn
Leon J. Cranis
Rae M. Felsen
Dr. Joseph E. Fields
Samuel Fischer
Nathan Fleishman
Pearl Fuhrer
Julius D. Gallant
Eugene Goldstein
Bella Harris
Harry Heifetz
Gerald "Jerry" Joffe
Sol Kaiser
Eva Kean
Jacob Kessler
Bess Kinberg
Anna Klebansky
Arnold Klein
Sam Ben Lappeman
Dolores Lasky
Joseph Levin
Milton Levine
George Lurie
Fanny Margulis
David G. Miller
Marvin Moldafsky
Mark Allen Moskovitz
Jerome Isaac Olian
Philip Oppen
Jerrold Mark Poslosky
Isadore J. Rechter
Simon Rodenberg
Josephine Messing Roman
Lillian Rosenblatt
Martin Rossen
Anita Rothberg
Jacob Rudman
Albert Schneider

Ida Schramm
Donald S. Siegel
Sam Stein
Justin Stoler
Michael Towerman
Jennie Wolkowitz
Pearl G. Zasslow
Samuel Zepin

9/6/26 – 9/12/26

READ ON 9/11

Lillian Arnowitz
Fred Blank
Solomon Brasch
Helen Goldstein Brown
Esther Wilk Chinsky
Henry C. Cohen
Fred Deutsch
Ben DeWoskin
Ida Dubinsky
Fannie Dunie
Beckie Epstein
Iris M. Farrell
Hershel Frankel
Sandra "Sandy" Ruth
Ginsberg
Sadie Gordon
Louis D. Haffner
Beatrice S. Halpern
Verda Hoffman
Sidney Hookerman
Sarah Iskiwitch
Sanford Jaffe
Leon A. Katz
William Klein
Jennie Lampert
Ruby Laventhal
Richard L. Levis, Jr.
Edwin S. Lewis
Allan Marx
Rabbi Henry J. Messing
Samuel H. Miller
Gus G. Mosinger
John Hiller Pachter
Louis Passen

Nettie Lasky Pattiz
Elinor B. Polakoff
Max L. Raskin
Earl Reflow
Lester M. Richman
Nathan Rosenthal
Beatrice Roufa
Rose Fadem Sayetta
Sam H. Schiffer
Ned E. Schneider
Melvin M. Schwartz, M.D.
Birdie Schwarz
Ida Serenco
Samuel Shainman
Carl Kenneth Sherman
Arthur Aaron Shulman
Dr. Emanuel Sigoloff
Beckie Silberberg
Jules G. Sills
Sophia S. Sincoff
Ruth Saifer Singer
Rose Amernick Stahl
Armand Stone
Ruthe L. Strauss
Sarah Strauss
Milton Strauss
Ann Y. Tripp
Christine Marie Wagman
Harry Weinberg
Hugo Wurdack

9/13/26 – 9/19/26

READ ON 9/18

Shifra Alper
Bertha Lees Baran
Ralph Bolozky
Barbara Bournstein
Mordecai B. Brown
George J. Cohen
Dennis E. Cohen
Ida B. Epstein
Frieda W. Fadem
Edith A. Falk
Lois Feigenbaum
Nathan Feinberg

Samuel Ferman
Shirley Jagust Finbloom
Margaret Friedman-
Vaughan
Elene L. Ginsburg
Marilyn Margulis Green
Roselin M. Grosberg
Todd Harris
Israel Harris
Frances Harris
Lillian Hartman
Helen Hochman
Jennie Jaffer
Goldie Jasper
Gerald Zale Katz
Bernard (Barney) Kean
Ruben Koltun
Harold M. Kuenstler
Dr. Robert A. "Bob" Levy
Sidney S. Marx
Rolf Mayer
Arthur Lewis Mayer
Dorothy Minner
Goldye Lasky Oleon
Paul Devro Olian
Edith F. Paskowitz
Sol Pattiz
Sam Platt
Eleanor Rain
Carl J. Reifler
Isaac Rosenberg
Doris P. Sagan
Morris Sanders
Estelle F. Schultz
Lawrence I. Serkes
Dr. Maury Sosnoff
Louis Stahl
Elaine Stein
Bettye Steinberg
Thomas Stone
Isadore Strauss
Esther G. Thea
Morris L. Weiss
Sanford Willick
Addie Wolff

PERPETUAL MEMORIALS

9/20/26 – 9/26/26

READ ON 9/25

Mildred Bloch
Robert Blumberg
Bernard Catlin
Marcella A. Cohen
Sophia Crystal
Clara Darrish
Maurice Davis
Jean Dubman
Louis C. Epstein
Joseph Finkelstein
Sarah Fischman
Jacob Fishgall
Frank H. Fishgall
Harry Fishman
Sara Friedman
Maurice Friedman
Lulu M. Furfine
Joseph Ganz
Blanche Kessler Glick
Archie Glick
Leon Hurwitz
Sylvia Letvak Jaffe
Dr. Sam Kippel
Betty Kutner
Alfred Lappeman
Fannie B. Larson
Ruth Lasky
Abraham Leon Lees
Lawrence Stewart Lees
Berthold (Bert) Levy
Annette Carl Markovsky
Anna Mathes
Aaron Meyers
Milalma Murstein
Bertha Newman
Edith F. Orenstein
Jacob A. Pastel
Dora Poslosky
Bernice Jeanne Roman
Philip Rosenblum
Jacob Rovin
Audrey J. Rubin
Michael A. Sanofsky

William (Bill) Seigel
Dorothy M. Sherman
Minnie Sorkin Sirkus
Elizabeth M. Sokol
Eli Spielberg
Lyle Stone
Stanley Stone
Elizabeth Stuart
Laura Tabachnik
Robert Lawrence Tegman
Alvin Weinberg
Lois M. Winthrop
Harry H. Zucker

9/27/26 – 10/3/26

READ ON 10/2

Ethel E. Abrams
Anna Berger
Sylvia Tyner Bloom
Anna Carl
Robert A. Cohn
Corinne B. Edelstein
Martin M. Enoch
Harry Fagin
Hyman Feldman
Leon Feldman
Jean Helen Friedman
Jennie Gers
Herman V. Gibstine
Melvin Harris Glick
Mamie Goodman
Jerome Hofstein
Israel R. Hurwitz
Clara Joachim
Anna K. Kauffman
Lillie A. Kawin
Milton Kessler
James K. Kopf
Fannie Kosky
Frieda Kram
Samuel Kramer
Rita Krug
Mayer Levy
William B. Levy
Ben Luks

Ernst J. Malpe
Eva Margulis
Robert P. Muchnick
Barbara Ruth Newmark
Ellen Nissenbaum
Dr. Robert C. Packman
Max Richman
Dan S. Rodenberg
Eileen Joan Rosenthal
Alice Saxe Rosenthal
Anne D. Salsman
David Schlesinger
Milton M. Schneider
Julia Schreiber
Dr. Meyer Seligman
Bessie Weisman Shanker
Joseph Shapiro
Herbert Jay Sobelman
Herman Steinberg
Dorothy E. Steinman
Ruth Stone
Sidney Svarin
Stanford B. Towerman
Robert "Bob" Twin
Sarah Willner
Pauline Zepin
Albert I. Zwibelman

10/4/26 – 10/10/26

READ ON 10/9

Herman Batavia
David Binder
Freida Levy Brodden
Joe Cohen
Ruben Cohen
David M. Crown
Carol Ann Faintich
David S. Feinberg
Celia Frank
Ruby Friedman
Esther Friedman
Emanuel Fuhrer
Isador D. Gad
Annetta Fishman Gallop
Esther L. Ginsburg

Louis F. Glaser
Florence Goldenhersh
Florence Gottlieb
Herman L. Green
Morris Greenberg
Barbara Goodman Hill
Edith Jacques
Sylvia Rosen Kahn
Beryl E. Kohn
Louis Lander
Simon G. Lasky
Robert Levitt
I. Jack Levy
Minnie Linsky
Rose Celeste Mayer
Elsie Merinbaum
Leo G. Minner
Myron Moss
Mary Needles
Stevan J. Newmark
Ben Oglander
Richard H. Paley
Leo Pearlstone
Abe Portnoy
David L. Quicksilver
Julia Robbins
Sol Ross
Rebecca Rubin
Rosalie B. Rubin
Goldie Weisman Scallet
Harry Schnurr
Allen Schulman
Dolores Shafital
Barbara Suzanne Sherman
Ida Shriber
Sam Siegelman
Max Silverstein
Anne Slein
Dolly Spiegel
Walter Stark
Lillian Pocras Starr
David M. Stein
Edward Sterneck
Greta Stoliar
Abraham Strauss

PERPETUAL MEMORIALS

Ralph F. Tripp
Nat Veden
Jacob E. Warner
Julia Weiss Warner
Bertha Werner

10/11/26 – 10/17/26
READ ON 10/16

Leona Kravitz Altman
Goldie Berger
Julia Biederman
Harriet J. Bronfin
Ann B. Cohen
Isadore Dolgin
David M. Faintich
Anna Fischer
Irvin Fox
Anna Edith Gliner
Paul Goldberg
Jessie Levy Goldberg
George L. Golden
Min Goldman
Guenter Goldsmith
Robert I. Grossman
Leonard B. Grosz
Frances Newman
Handelman
Lillian Heifetz
Louis Hiken
Sarah Horowitz
Joseph Iskiwitch
Marcia R. Jaffe
Harry B. Katz
Sarah Katz
Mrs. Roberta Kessler
Allen Ross Kleban
Barney Klein
Frances Kornblum
Goldie Kray
Lena Fisher Ladimsky
Jacob Lamberg
Yetta Mathes
Henrietta L. Meyer
Abraham G. Minner
Dan David Morgan

Belle "Sissie" Feinstein
Newmark
Frank Allen Oswitz
Emma Ouzan
Abe B. Pactor
Jack Polinsky
Manuel M. Reynolds
Hannah Reynolds
Harry N. Rosenstroch
Floyd John Rothman
Bertha Bee Safron
Minnie Salomon
Goldie Schrier
Bert D. Silverman
Seymour Silverman
Octavia Simon
Philip Smith
Esther Solar
Isaac Stockman
Jack J. Stone
Sarah Shapiro Stone
Sol Charles Strauss
Isaac H. Symons
Max Wagner
Gertrude Weisman
Isadore Willner
Gene E. Winterman
Robert J. Wohl
Michael B. Yedlin

10/18/26 – 10/24/26
READ ON 10/23

Harry Alter
Gottlieb B. Barken
Maurice S. Brasch
Reuben L. Brilliant
Alfred Bromet
Meyer Bronson
Rose Cherry
Dorothy Cohen
Kate Cohn
Lillian DeWoskin
Bernice Essman
Kenneth Samuel Fadem
Erwin Field

William Fink
Isidore Fischlowitz
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Etta Glazer
Janet Goldblum
Gloria Elins Goldstein
Emil Green
Bertha Greenberg
Annie Haffner
David Harris
Rose Hilton
Barry Iken
Bett Ragin Jasper
Isadore Katz
Stanley Katz
Marilyn Feldman Kreisman
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Arnold Lehrman
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Jerome Shainman
Clara S. Simon
Abraham Slupsky
James Douglas Smith
Frances Spiegelman
Noni Symons
Ben F. Turner
Gustav A. Vittert
Rosa Weil
Lori Beth Weintrop
Malcolm G. Weiss
Ida Weiss

Bessie Weitzman
Samuel Wiley

10/25/26 – 10/31/26
READ ON 10/30

Ellen Appelman
Rose Mary Backlar
Max Barnholtz
Stanley Edward Beck
Rose Berger
Dr. Arnold S. Block
Goldy Block
Gloria Bloomrosen
Minnie Jaffe Blumenau
Louis M. Blumenthal
Jessie Bronstein
Nancy Ellen Brown
Jack Claris
Isadore Cohen
Todd Evan Cohen
Samuel Ellis
Joe Fagin
Sylvia Fagin
Marcus A. Feldman
Sarah Fisher
Gordon Fixman
Ida Fixman
Jack M. Gentle
Dewey G. Getzlow
Sam Gimpelson
Karlyn E. Gitlin
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Bertha Jacobs
Reva Jaffe
Rose Kaiser
Jack Kinberg
Sol Kranzberg
Freda Serkes Lewis
Dr. Stanley F. Maer
Mitchell Melnik
Wilma Jean Messing

PERPETUAL MEMORIALS

Martin H. Millner
Elaine Newman Moranz
Abraham Moulton
Louis N. Nachman
Isaac H. Niss
Jennie Pactor
Henry M. Poslosky
Birdie Potashnick
Samuel Rain
Jeffrey Charles Raymond

Sidney E. Rich
Solomon Rodenberg
Morris Rosenstroch
Abraham Rothstein
Eva Salomon
Joe Schneiderman
Esther B. Schwartz
Alex Segelbohm
Mary Seslen
Lois Klayman Shear

Ethel Hutkin Sherman
Simon S. Sohn
Nathan N. Stein
Marlene Grosberg Stone
Sylvia Strauss
Myron (Wally) Waldman
Irwin Walpert
Jerome Yoffie
Louis G. Zelson

זיכרון לברכה

May their memories
be for a blessing.



Joyce Hochberg's Wellness Corner

Motivation

Hi all! Back again to share some tidbits regarding our health/wellness lives.

Did you know that the hormones (testosterone) and (estrogen) are released during exercise? Why is this important? If we work out even less than an hour, exercise reduces depressive symptoms and increases self-esteem.

Life's challenges are opportunities to learn and grow from, not something to avoid. In other words find a 30 minute workout program that you enjoy (that works for you) 3 times a week or 150 minutes a week. Sometimes even if we don't feel up to it we have to motivate ourselves to at least get started with a movement program; once we begin, we will feel much better physically and psychologically and our good hormones will kick in. Have fun and keep moving!



INTRODUCTION to JUDAISM

Tuesdays, October 2026 – March 2027
7–9 p.m. at St. Louis-Area Reform Congregations

Join clergy from St. Louis area Reform congregations for an engaging deep dive into Jewish faith, culture, and community.

This course is designed for beginners of all backgrounds and is perfect for those exploring conversion, interfaith couples, family members of Jewish people, and anyone seeking more knowledge about Judaism.



Registration Required
at bit.ly/judaism26



SEPTEMBER 2026

Everything happening at UH this month

1 TUESDAY

Stitch & a Prayer | 1 p.m.
Hebrew for the High Holy Days | 6:30 p.m.

2 WEDNESDAY

Hebrew for the High Holy Days | 10:30 a.m.
Challah for the Holidays Take 2 | 11:30 a.m.

3 THURSDAY

AGA | 11 a.m.
Susan Kaplansky Book Club | 1:30 p.m.
HHD Choir Rehearsal | 6 p.m.

4 FRIDAY PAPER MIDRASH ARTISTS-IN-RESIDENCE

Shabbat Service | 6 p.m.
Dessert Oneg | 7 p.m.

5 SATURDAY

Torah Study 9 a.m.
Shabbat Morning Service and Bar Mitzvah
of Judah Danieli | 10 a.m.
Selichot with Knives | 7 p.m.
Selichot Service | 9 p.m.

6 SUNDAY

Paper Midrash for B'Mitzvah
grades 6–7 | 10:30 a.m.
Street Prophecy Workshop for
grades 8–12 | 1:30 p.m.

7 MONDAY (LABOR DAY)

The building is closed.

8 TUESDAY

Stitch & a Prayer | 1 p.m.
Hebrew for the High Holy Days | 6:30 p.m.

9 WEDNESDAY

Hebrew for the High Holy Days | 10:30 a.m.

10 THURSDAY

AGA | 11 a.m.
HHD Choir Rehearsal | 6 p.m.

11 FRIDAY EREV ROSH HASHANAH

Erev Rosh Hashanah service 7:30 p.m.

12 SATURDAY

Children's RH service | 9 a.m.
RH Morning Service | 10 a.m.
Grades K–4 High Holy Day
Experience | 10 a.m.
RH in the Orchard | 1:30 p.m.

13 SUNDAY

Second Day RH Morning Service | 10 a.m.
Middle School High Holy Days
at Spoonful | 12:30 p.m.

15 TUESDAY

Stitch & a Prayer | 1 p.m.
Hebrew for the High Holy Days | 6:30 p.m.

16 WEDNESDAY

Hebrew for the High Holy Days | 6:30 p.m.
Board of Trustees meeting | 6:30 p.m.

17 THURSDAY

AGA 11 a.m.
HHD Choir Rehearsal | 6 p.m.

18 FRIDAY

Shabbat Nosh | 5:45 p.m.
Shabbat Service | 6:30 p.m.

19 SATURDAY

Torah Study | 9 a.m.
Informal Shabbat Morning
Service | 10 a.m.
High School Hike at Castlewood
State Park | 10 a.m.

20 SUNDAY EREV YOM KIPPUR

Memorial Service at UH Cemetery | 10 a.m.
Kol Nidre | 7:30 p.m.

21 YOM KIPPUR YIZKOR

YK Children's Service | 9 a.m.
YK Morning & Early Memorial
Service | 10 a.m.
Moments of Meaning | 1:30 p.m.
YK Afternoon, Memorial,
& Neilah Services | 4 p.m.

22 TUESDAY

Stitch & a Prayer | 1 p.m.

24 THURSDAY

AGA | 11 a.m.

25 FRIDAY EREV SUKKOT

Mascots & Pizza in the Hut | 5:30 p.m.
Erev Sukkot Service | 6:30 p.m.

26 SATURDAY SUKKOT

Torah Study | 9 a.m.
Shabbat & Sukkot Morning Service | 10 a.m.
Celebration Honoring
Rabbi Rosenberg | 6 p.m.

S'mores & Singing in the Sukkah
with Dan Nichols | 7:30 p.m.

27 SUNDAY

Religious School K–7 | 9 a.m.
K–5 Lounge Days | 11:30 a.m.
Religious School Grades 8–10 | 11:30 a.m.

28 MONDAY

Eitz Chayim, Cultivating the Tree
of Life Conclusion | 7 p.m.

29 TUESDAY

Stitch & a Prayer | 1 p.m.

30 WEDNESDAY

Whiskey & Wisdom
with Rabbi Reinhart | 7:30 p.m.

Please check the online [congregational calendar](#) for the latest updates

OCTOBER 2026

Everything happening at UH this month

1 THURSDAY

AGA | 11 a.m.
Susan Kaplansky Book Club | 1:30 p.m.

2 FRIDAY EREV SIMCHAT TORAH

Erev Simchat Torah, Consecration,
and Shabbat Service | 6:30 p.m.
Dessert Oneg | 7:30 p.m.

3 SATURDAY SIMCHAT TORAH

Torah Study | 9 a.m.
Simchat Torah, Shabbat,
and Yizkor Service | 10 a.m.

4 SUNDAY

Religious School Grades K–7 | 9 a.m.
Religious School Grades 8–10 | 11:30 a.m.

5 MONDAY

Mahj Mondays | 6:30 p.m.

6 TUESDAY

Stitch & a Prayer | 1 p.m.

8 THURSDAY

AGA | 11 a.m.

9 FRIDAY

Shabbat @Home Various Times
and Locations
Shabbat Service | 6:30 p.m.

10 SATURDAY

Torah Study | 9 a.m.
Shabbat Morning service | 10 a.m.

11 SUNDAY

Religious School Grades K–7 | 9 a.m.
Religious School Grades 8–10 | 11:30 a.m.

13 TUESDAY

Stitch & a Prayer | 1 p.m.

14 WEDNESDAY

Whiskey & Wisdom | 7:30 p.m.

15 THURSDAY

AGA | 11 a.m.

16 FRIDAY

Tot Shabbat | 5:30 p.m.
Shabbat Nosh | 5:45 p.m.
Shabbat Service | 6:30 p.m.

17 SATURDAY

Shabbat in Action | 8 a.m.
Torah Study | 9 a.m.
UH Family Shabbat Service | 10 a.m.

18 SUNDAY

Religious School Grades K–7 | 9 a.m.
6th Grade Family Day
@ Religious school | 9:15 a.m.
Sababa | 11 a.m.
Religious School Grades 8–10 | 11:30 a.m.

19 MONDAY

Senior Lunch Program | 12 p.m.
Mahj Mondays | 6:30 p.m.

20 TUESDAY

Stitch & a Prayer | 1 p.m.

21 WEDNESDAY

Board of Trustees Meeting | 6:30 p.m.

22 THURSDAY

AGA | 11 a.m.

23 FRIDAY

Kulanu Shabbat | 6:30 p.m.

24 SATURDAY

Torah Study | 9 a.m.
Shabbat Morning Service and Bat Mitzvah
of Molly Lew | 10 a.m.

25 SUNDAY

Religious School Grades K–7 | 9 a.m.
1st Grade Family Day | 9:15 a.m.
K–5 Lounge Day | 11:30 a.m.
Religious School Grades 8–10 | 11:30 a.m.

27 TUESDAY

Stitch & a Prayer | 1 p.m.

29 THURSDAY

AGA | 11 a.m.

30 FRIDAY

Shabbat Service | 6:30 p.m.

31 SATURDAY

Torah Study | 9 a.m.
Informal Shabbat service | 10 a.m.

SCROLL OF HONOR

The Scroll of Honor was established to honor and recognize individuals and families who voluntarily increase their annual commitment above and beyond the Basic Annual Commitment Level. This

strengthens our ability to meet the needs of our congregants while preserving the financial health of the congregation.

We invite you to consider becoming a Scroll of Honor participant or renewing your pledge. Thank you for your generous support. Thank you to the following generous donors.

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LEGACY CIRCLE

Our Legacy Circle is a group of members who have made a commitment to leave at least 1% of their estate to United Hebrew in their estate planning documents.

Joining the Legacy Circle is easy. Your estate planning professional can help you make this provision.

Members of the Legacy Circle include, but are not limited to the following:

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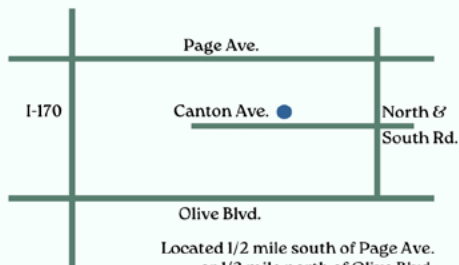
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